

YOUR DIARY FOR THE MONTH AHEAD

APRIL

Saturday 11th

Coffee Morning 10.30 a.m.

Scotlands H 2.30 p.m.

Belgrave A 2.00 p.m.

Tuesday 14th

Opening Day 2.30 p.m.

Wednesday 15th

Glenfield H 2.30 p.m.

Saturday 18th

Western Park A 2.30 p.m.

Little Bowden H 2.30 p.m.

Monday 20th

Wymeswold Steamers H 2.00 p.m.

Blaby A 2.30 p.m.

Wednesday 22nd

St Margarets H 2.30 p.m.

Thursday 23rd

Oakham A 2.30 p.m.

Saturday 25th

Birstall H 2.30 p.m.

Holwell A 2.30 p.m.

Monday 27th

Sileby Finches A 2.00 p.m.

Sutton Bonnington Riversiders H 2.00 p.m.

Tuesday 28th

Keyworth H 2.00 p.m.

Thursday 30th

Enderby A 2.30 p.m.

MAY

Friday 1st

Shepshed H 2.00 p.m.

Competitions Draw Night 7.00 p.m.

Saturday 2nd

St Margarets H 2.30 p.m.

Thurmaston A 2.30 p.m.

Wednesday 6th

Goodwood A 2.30 p.m.

Wednesday 6th

St Margarets H 6.15 p.m.

Thursday 7th

Leicester Banks H 2.30 p.m.

Saturday 9th

Coffee Morning 10.30 a.m.

Sileby A 2.30 p.m.

Key: Men Ladies Green & Royals White Plums Leicester League

PLEASE NOTE

The times and dates of the forthcoming events may vary from those published above.

Please see Noticeboard for latest updates.

NEXT NEWSLETTER

Last copy date for the next Newsletter is

Monday 27th April 2015

email: systonbowling@btinternet.com

Birthday Bumps

Happy Birthday wishes to:

Sheila Aindow, Brian Arnold, Des Eggitt, Keiran Jordan, Pete Murray, Colin Wilkinson and Margaret Trigg
Congratulations to you all!

49 CLUB UPDATE

Most recent winners are:
Margaret Abbott (31) Pete Hancock (45) Dave Anderton (30) Stan Page (48) and Jean Ward (43)

Congratulations to them all.

SYSTON BOWLING CLUB

Clubhouse Telephone: 0116 269 2105

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Telephone: 0116 2698 923

email: systonbowling@btinternet.com

the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No.107 April 2015

Let the Games begin!



On the 25th of March the green was open, not to play bowls but - just as important - to maintain the surrounds of the green. My thanks go out to all those Members who took the time and

trouble to turn up and get the green back to looking its best.

Now that Roger Bentley has stood back from his role of Green Ranger, it falls upon all members to take some part in helping with some of the tasks, however small. The good news is the green keeper Chris Mews thinks it's the best the green as looked for this time of the year and all it needs now is - like the rest of us - some warm sunshine on it.

I would like to remind members I took the job as Green Ranger because nobody else would. But I won't carry on in this role if I don't receive the support from all Members. We mustn't let standards fall.

Remember: "Many hands make light work."



After enjoying many tasty lunches, plus evening's entertainment, we have now enjoyed our last social event on the Winter calendar.

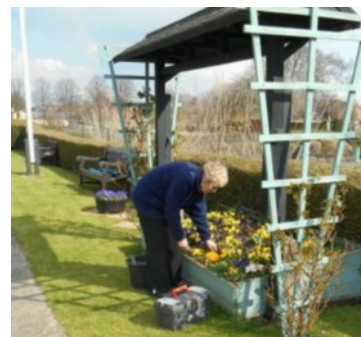
We must say a big thank you to all the chefs and their helpers for some delicious food, and

Pauline Wright for her assortment of ideas to entertain us - giving us many a laugh. I am sure we would all wish for Pauline to do the same next year, by giving her all the support we can - especially with the evening meals.

Thanks again to Pete and Dave for manning the Bar and arranging the furniture etc. Now as we begin another year outdoors I must wish all our Members a happy and healthy bowling season.

My very best wishes to everyone entering both County and Club competitions.

We have a lovely green - gained only by a deal of expense and hard work put into maintaining it. So, hopefully with a little sunshine, we will all enjoy ourselves and have a great Season's bowling.



"There's much more to the Club than turning up on match days!"



Let's build on firm foundations

Chairman looks forward with confidence



Chairman
George Dodge

First of all I would like to pay tribute to Colin Grimes for being such an inspirational Chairman. He is a very hard act to follow. I've been a member of the club for over 10 years now and during that time there have been a great many changes.

Membership is higher now. We have a wonderful new extension and ramp to assist access for wheelchairs.

Thanks to Des and Ken, coaching is readily available and the standard of play has improved.

We also have a full social calendar thanks to a group of members who give their time so willingly and imaginatively to these occasions. Perhaps the most important improvement is the state of the green, which is now playing extremely well, thanks to the Green Machine (our contractor) and of course, Roger. I would particularly like to mark out Peter Murray who gives so much of his time to running the Bar so well and supervising the catering for the Men's teas. If you haven't noticed, the Ladies' changing room and toilet, plus the computer room and gents' toilets have been re-painted and are looking really smart. Thanks to Noel Evatt for a job well done.

Lastly, but by no means least, I would like to pay tribute to all the ladies who do so much behind the scenes and all the other people who give their time to contribute to the club in various ways.

Looking to the future, I feel we should all try to encourage new members to join us. We are an ageing population and it would be great to see some younger members joining us to ensure the continued success of this wonderful Club. Enjoy the coming season, lets hope the weather is kind to us, so good bowling, good health, and lets have good fun.

Health issues

Alan Collins & Rolf Meyer

Sad to report that the poor health of Alan Collins, reported in our March Edition, has turned out to be far more serious than anticipated at that time. On behalf of all Members, a message has been sent to Alan and Win expressing the hope that they are given the strength to bear the developing situation with fortitude.

Also on a sad note, we have to report that following a fall, Rolf Meyer has fractured the femur in his right leg, which is expected to prevent him bowling for at least eight weeks. The fracture is just below the bottom of the pin used in his recent hip replacement operation. We wish him a full and speedy recovery.



Getting to grips with computers



"That's the way to do it!"

Picture shows some of the "students" looking at a big screen demonstration of one of the many ways in which a computer can help in our daily lives.

On behalf of all those people who attended the recent computer classes I would just like to thank Colin for all his help. I am sure everyone will agree we have all gained more knowledge and confidence to continue to explore the digital age. CD

Wealth management advice to achieve your financial targets



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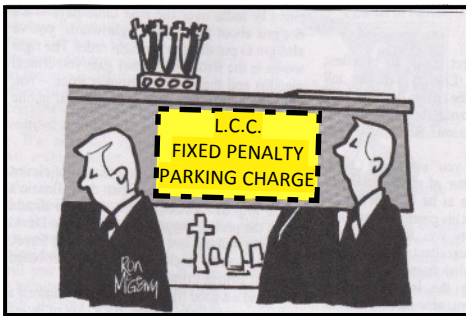
Hot shot - PLUS!

A unique achievement?

Club Vice-President, Colin Wilkinson, is the proud owner of a certificate which records that in a recent (5th March) indoor Triples match, his team managed the rare feat of achieving not the usual 8 but a full 9 "Hot Shot"!

This unusual, possibly unique, feat was achieved, with the support of partners Vic and Thelma Stubbs from Holwell, playing a trio from Melton Indoors Bowling Club.

He says that this is the first time in his long experience that he can recall such an achievement and asks whether any other Member knows of one.



With acknowledgements to "Private Eye"

Holá, Cabrera!

Cabrera LBC, from Spain, will be our opponents in a special invitation match to be held here in Syston on Tuesday 14th July. The visitors, under Captain David Jenkins, are undertaking a tour which includes matches against Birstall on 12th July and Wymeswold on 13th. Naturally, the opportunity will be taken to discuss the possibility of a return fixture during our close Season!



After your opponent delivers the jack, it is good etiquette to hand him his bowl

Patrons donate new mats to launch the new Season

Sincere and special thanks are due to Club Patrons, **Chris Meynell and Family** (see display *across opposite*) who are to donate 8 mats to the Club in time for the first Home game of the Season. Their active and generous support for our Club is gratefully appreciated.

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CLUB PATRONS

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0116 260 8412

CLUB COACH
Des Eggitt, Club & County Coach

The final bowl

In competitive bowls, the match is never lost until the last wood has been bowled. It is therefore vital that you maintain your concentration in order to take the right decision if it your responsibility to deliver

that last wood.

As an example, I was recently playing indoors in a League match. We were on the end rink, playing the last end with scores level. Our opponents had played a number of good drawing shots and were holding three shots to clinch the game. My analysis of the situation revealed that these holding shots were positioned at the back of the head end, at the same time, other woods prevented me from drawing on the forehand. Fortunately, I had clear sight of the jack and I saw a possible draw shot on the backhand. However, this was on the ditch side of the rink which is psychologically tricky because of the fear of dropping into the ditch as you try to draw.

Training kicked in and I concentrated hard to find the perfect draw line. I went through the usual preparatory routine of checking, stance, grip and line and, at the moment of delivery, estimated the necessary weight I needed for that perfect shot.

Based on my training over the years, as a result of my sustained concentration, I got the shot which snatched victory from our opponents.

Under the circumstances, seeing ourselves three down and the only available option was to play along the ditch side of the rink, it would have been easy to lose hope and concentration and give up.

I urge you all to remember that, as this example shows, you should keep up your 100% concentration to find the perfect delivery right up to the last delivery of the game.

Never be negative!

NHSnews New 24x7 healthcare service now available

From 1 April 2015 people in East Leicestershire and Rutland will benefit from access to a new healthcare service. This service, developed following extensive consultation with people in the area, will provide patients with greater access to healthcare for injuries and illnesses that need treating that day but are not life threatening. The service is available seven days a week – accessible through local GP services and urgent care centres.

Consultations revealed that people want to be treated locally and quickly for injuries and illnesses that need to be seen that day but are not emergencies.

During GP opening hours people can access treatment through their GP practice or at the Oadby Urgent Care Centre. During evenings, weekends and bank holidays they can visit Urgent Care Centres in Market

Harborough, Oakham, Melton Mowbray and Oadby:

The new service will provide patients with a long-awaited and much improved urgent care service with more choice, nearer to home, greater accessibility, longer opening hours. The service will help to prevent unnecessary visits to and relieve pressure on the Emergency Department at the Leicester Royal Infirmary. Full details are to be mailed to all households in May with information to make it easier to choose the right service for treatment.

You are advised to keep information about the opening times and locations of the urgent care services handy so that when you need them you know where to go. Please share this information with friends and family living in your area. → P 5

FINANCE MATTERS

The quest for wealth

There was a time when saving and investing for the future was considered a relatively uncomplicated affair that felt many steps removed from the details of finance and global economics. Progress in recent decades – from the sophistication of everyday technology to the ready availability of round-the-clock services – has simplified many parts of our lives. But it has brought more complexity, particularly in matters of personal finance. The real danger is that people disengage from the process of how to create the wealth they need for their future.

While many things have changed, there are a number of constant principles on which investors should base their strategy to help fulfil their financial aspirations. The key rules that investors should follow in their quest for wealth are simply: invest for the longer term; make sure you have sufficient money on deposit for your short-term needs; guard against inflation; diversify your investments; and find the very best managers.

Britain's savers are enduring the lowest returns on cash for centuries; but many remain wary of stock markets, despite their recent recovery. Instead, many continue to accumulate cash. But disappointing rates are expected to endure and the eventual rise will be slow and low. In such an interest rate environment, those who wish to achieve meaningful returns will need to reassess their savings.

However, cash still plays a vital role in an investment strategy, and enough should be kept on deposit. If you maintain adequate liquidity, you should avoid the need to sell investments at a bad time. As a guide, you should have enough to be able to cover both expected needs and unforeseen emergencies. Investors who hold enough cash can ignore passing market sentiment. Over the medium to long term, investment in assets, such as equities, provides the best chance of inflation-beating returns. When the 'dot-com bubble' burst in March 2000, global equities tumbled for three years; share prices rose until the 2008 financial crisis took markets to a low in March 2009. Since then, shares have climbed again,

with ups and downs along the way, to near-record levels. Investors cannot consistently and successfully time the markets, but those who hold assets for extended periods can reap the cumulative benefit of time's smoothing effect on market fluctuations and unforeseen events. No one knows what will happen to share prices in the short term, but those who invest over a medium to longer period are likely to be better off than they are today.

The old adage that investors should not put all their eggs in one basket still rings true. As well as the appropriate level of cash, it is important to diversify as widely as possible across different investments that can protect against inflation. The trick is to ensure that the selection of assets won't react in the same way to market events or economic changes. Just as investments will not rise at the same pace or time, you should ensure that they do not fall at the same time either.

Shares, bonds and commercial property are examples of assets that can provide growth. Investing in funds rather than individual investments also ensures that money is more widely spread. And by investing in a selection of funds that diversify across different shares, sectors and regions, as well as asset classes, investors will be better placed to withstand shifts in economic and financial conditions and achieve above-inflation returns over the long term.

There are no paths for investors that are risk-free. Making an informed and confident choice is not an easy task. The key to building wealth is a realistic assessment of needs and goals that reflects a level of risk that feels comfortable. Individuals are often reticent about reviewing their approach to wealth creation; but advice is the key for a planned, medium-long-term investment strategy and for peace of mind.

If any member would like to discuss any of the issues raised in more detail, please do not hesitate to contact Pardeep Singh Narwal on 0116 319 0084 / 07956 972 789 for a free no obligation meeting. →



"Touchers beware!"

Well it's finally arrived! Our first game (Battram) under our belts. The weather in the end showed a little bit of blue sky at times, not too cold.

Sadly, the result didn't quite go our way losing by 6 shots overall.

I'm sorry to say that part of my opening letter came back to haunt me! Having announced my decision to modify the "toucher" competition by fining all "touchers" that do not come to rest within one foot of the jack, guess who was the first to be penalised! That's right, it was me! (followed by Pete Murray)! Charged at 20p per occasion, I'm hoping this will improve our weight control and generally improve our play. Take care, therefore. You're being watched!

Have a wonderful season and let's make this a Season to remember.

Christine Dodge



GARDEN CLUB

The first item discussed at the recent meeting concerned tidying up after winter and preparing the garden for the springtime flowers to come. Also planting seeds for tomatoes, courgettes, broad beans, French beans and runner beans, etc.

Other jobs included pruning roses, repotting pot bound house plants, and taking cuttings of favourite perennials.

We also discussed new venues for the group to visit. Several of these were places of interest historically, such as Kenilworth Castle and the Crich Tram Museum, and it was thought these might attract non members to join us on these visits.

The next visit will be to Gates Garden Centre on Friday, 17th April. Meet at the Club at 11.00 am.

The next Garden Group meeting will be held on Tuesday, 28th at 7.00 p.m.

NHSnews Where and when to access new service

When	Where
Weekdays 8am to 6.30pm	GP Practices in East Leicestershire and Rutland Contact your GP practice for full range of services including minor injury
Weekdays 8am to 9pm Weekends and Bank Holidays 8am to 8pm	Urgent Care Centre (<i>minor injury and illness</i>) Oadby Urgent Care Centre
Weekdays 8.30am to 5pm	Urgent Care Services (<i>minor injury</i>) with x-ray facilities available Market Harborough District Hospital Rutland Memorial Hospital, Oakham
Weekdays 5pm to 9pm Weekends and Bank Holiday 9 am to 7pm	Urgent Care Centre (<i>minor injury and illness</i>) Market Harborough District Hospital Rutland Memorial Hospital, Oakham Melton Mowbray Hospital