

# YOUR DIARY FOR THE MONTH AHEAD

Colour Key: Men Ladies Green & Royals White Plums Leicester League

## JUNE

Monday 15th  
Green & Royals H  
White Plums A  
Tuesday 16th  
Oakham H  
Wednesday 17th  
St Margarets A  
Thursday 18th  
Loughborough Granby H  
Friday 19th  
Quorn H  
Saturday 20th  
Holwell H  
Mowmacre A  
Monday 22nd  
Bye  
Loughborough Pandas H  
Tuesday 23rd  
Wymeswold A

Thursday 25th  
Evington Park A  
Friday 26th  
Fosseway A  
Saturday 27th  
Fosseway H  
Scotlands A  
Monday 29th  
Wymeswold Steamers A  
Bye

## JULY

Wednesday 1st  
Shepshed A  
Sileby H  
Thursday 2nd  
Western Park A  
Friday 3rd  
Shepshed Lambs A  
Saturday 4th  
Countesthorpe H  
Bagworth A

Monday 6th  
Sileby Finches H  
S Bonnington Riversiders A  
Tuesday 7th  
Rothley H  
Wednesday 8th  
Soar Valley H  
Thursday 9th  
Kirby Muxloe H  
Friday 10th  
East Leake H  
Saturday 11th  
Coffee Morning 10.30 a.m.  
Belgrave H  
Aylestone Hall A

## Captain Ken's Corner

Sound start in Leicester League



I would like to thank you all for the support given to the Leicester League. I was at first worried about fielding five rinks. We are not only doing this, but giving Dave and me headaches as the support could field six!

Progress, so far, has been very encouraging. We have won four of the five games played placing us currently in second place! In a memorable game against Soar Valley we took all sixteen points, then 12 against Kirby Muxloe and 13 against Brookfield Electric. Let's keep it up. *Look out, Leicester! Syston Bowling Club is here!*

## 49 CLUB UPDATE

Most recent winners are:  
Margaret Trigg (18) Hazel Rayns (17)  
Ray Dexter (25) Pete Rawson (24)  
and Aideen Talbot (6)

Congratulations to them all.

## NEXT NEWSLETTER

Last copy date for the next  
Newsletter is  
Wednesday 1st July 2015

email: [systonbowling@btinternet.com](mailto:systonbowling@btinternet.com)

SYSTON BOWLING CLUB

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# the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No.109 June 2015

## WHAT'S THE BOARD FOR?

Just in case you wondered what the Board of Directors gets up to at its monthly meetings or were interested in learning more about the part the Board plays in Club development, here is a brief summary of what went on at their May meeting, under the Chairmanship of George Dodge.

- Reported that a response from the Council was awaited regarding the next meeting of the Liaison Group when visitor car parking was expected to be high on the agenda. The Council have proposed employing a solicitor to arbitrate in the matter.
- Monthly budgetary performance figures were discussed.
- An offer to "sponsor" the June Coffee Morning was accepted.
- Confirmed that a new vacuum cleaner had been purchased.
- Agreed that greater efforts should be made to improve recycling efforts starting with kitchen bins to be suitably labelled.
- Confirmed that the Ladies' Section had been invited to recommend a suitable replacement for the cooker.
- Noted that the dishwasher continued to present problems signalling the likelihood that a replacement would soon be needed.
- Agreed that the new mats presented by Meynells would be reserved for County and other VIP games
- Erection of new shelving in the rear store for use by Members without lockers who wished to store their kit was approved. Meanwhile, efforts were being made to find a supplier of additional lockers to be sited in the Ladies' changing room.
- Reported that hostess trolleys had all been PAT tested.
- Work continues on the planning of a recruitment strategy aimed at younger members for implementation in time for the opening of the 2016 Season.
- Efforts are being made to find replacement participants for 7 numbers currently available in the 49 Club.
- The admission of another Social Member in the Ladies' Section was approved.
- Reported that the Club MAKRO card, previously held by *Anita Lowder*, was now in the possession of the Chairman.
- Two places were reserved for the Syston Carnival scheduled for 5th September which would not, on this occasion, clash with the Greenwood Cup. It was expected that as many men as possible would make themselves available to help on the day.
- The signing of an annual maintenance contract for the green sprinkler system was approved.
- Initial plans for an attractive close Season social programme 2015/16 were reported.
- Agreed that members should be reminded that, under Child Protection Policy arrangements, a "responsible adult" must be nominated for all Away fixtures in which a Junior member was involved.
- Conditions for the hire of Club wheelchairs were agreed.

## Get to know the Rules - Forewarned is forearmed

Within the context of friendly roll-ups and matches, a detailed understanding of and full compliance with the official Rules of Bowling is useful but perhaps not essential. However, within the framework of League competitions and County-level matches - a clear understanding of the Rules becomes very important if embarrassment (and worse) are to be avoided. This month, we launch an occasional series of Frequently Asked Questions (FAQs) about the game, in the hope that Members will avoid future misunderstandings.

1. Can I use any Bowls, to play in a team I have just joined?

*Broadly speaking yes - but they must be, or from, a matched set of 4, i.e. the same make / colour/size/weight/engraving/ serial number, and each must have a legal date stamp,*

2. Am I allowed to change, or try out different Bowls, during trial (i.e. non-scoring) ends?

Yes. You can also start the game with a different set providing they have been checked and passed beforehand.

3. What happens if a Bowl is damaged during a game?

*It may be replaced from the same set, but if using 4 Bowls in the match you need to replace the whole set to continue*

4. Can any member of a team: (a) deliver the Jack, or (b) mark the scorecard, or (c) measure shots?

*(a) No. Only the Lead.*

*(b) Yes. But the Second must carry it throughout the game and compare scores with the opposition Second after each end,*

*(c) Yes. As delegated by the Skip, but it is usually the responsibility of the Third.*

5. What if I play one of my opponent's Bowls by mistake?

*Nothing happens. Once at rest, mark its position and angle, replace it exactly with yours and return it to its owner.*

*Thanks to Roy Hill for suggesting this series and identifying a useful source of guidance.*

## 2014/15 Social Programme Feedback results

EVENT	Average Score	% Repeat	% Similar	% Change
Valentine's Dinner	9.8	86	14	
Win, Lose or Draw	9.8	89	11	
50's & 60's Party	9.7	85	15	
Candlelight Bowling	9.5	88	12	
Games Night	9.5	90	10	
Name That Tune	9.4	86	14	
Call My Bluff	9.0	87	13	
Pointless/Family Fortunes	9.0	64	29	7
Roll Back the Years Singalong	9.0	66	20	14
Who Wants to Be a Millionaire?	8.9	86	7	7
Live Jazz Night	8.7	58	33	8
Curling Evening	7.6	64	18	18
Boccia	5.8	50	10	40
Are You Mad?	3.6	30	20	50

*Thanks to everyone who attended and who completed the feedback questionnaire. Your views and comments are valuable and will be taken into account for next year's programme.*

*Pauline Wright*

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## Green Ranger's Report



Many thanks to the few members who turned out on a lovely sunny morning to give the green surround its monthly grooming. I hope its not the trend to leave it to the same few Members every time. If you can bend your back to bowl, you can bend your back to do a bit of weeding, even if it's only for an hour or so. I'm sure you all saw the benefit of the task.

### *Setting out the green*

Did you spot last month's deliberate mistake in the Newsletter?

Unfortunately, in spite of careful checking, the diagram and

explanatory text were inaccurate. The rink numbers were the wrong way round! As you stand looking from the Gate or from the Peace Garden ends, the rinks are numbered from 1 to 6 *from left to right*. The correct layout is illustrated on the new notice posted behind the main door, adjacent to the Direction of Play board.

The rink colour and direction for each day is shown on the Direction of Play board.

Captains of League teams, players in County and Club competitions have full licence to ignore the Direction of Play board. They may choose which direction and rink colour that they prefer *provided* that their choice does not interfere with matches already taking place at the time.

In case of any clash, the usual Club priorities apply. County takes precedence over Club. Fixtures have priority over competitions. Competitions are accorded priority over "roll-ups". Claims of equal priority should be settled by the tossing of a coin.

For all friendly fixtures and "roll-ups", we play as the Direction of Play board dictates.

I hope this has made things clear and made it easy for Members setting up the green. I will be happy to advise anyone who is still not clear about the policy.

## Contact welcomed

Club Patrons, Meynells, report that they have received a number of enquiries as a result of their piece in last month's Newsletter about pre-paid funeral plans. Chris Meynell has asked me to remind everyone that they are

not only available at the time of need. Members are more than welcome to contact them at any time (t: 0116 260 7954; e: [info@meynellfunerals.co.uk](mailto:info@meynellfunerals.co.uk)) to discuss any aspect of their services.

## Update on Ladies' performance

Just a brief update. After the first game in May against Shepshed which we lost by 5 shots, the following two games had to be cancelled, one due to bad weather and one due to lack of names on the availability sheet. Pleased to say the following two games were great wins, Syston 64 – Aylestone Hall 34 and Melton 62 – 58. I would like to thank the three men who played for Syston and also the ladies who played for Melton.

It is now becoming increasingly difficult to arrange matches with three rinks as many opposing clubs are suffering from a decline in membership.

At the time of writing, I would like to congratulate Kate Toon and Marilyn Wood for success in winning first round of County two wood singles at Knighton Victoria and wish them good luck in the next round.

*Janice*



## CLUB COACH

Des Eggitt, Club & County Coach

### *Narrow delivery*

I was watching a Loughborough League Triples league match recently in which a lot of "narrow" bowls were being delivered. As I have said many times before, if you want to avoid being "narrow", when stepping on

to the mat you must be facing the line along which you plan to deliver your bowl.

It really is simply a matter of concentration and repetition.

To have control over your bowl, you must have the right size which is comfortable in your hand and of a size and weight to cope with all kinds of weather conditions and rink speeds. You can't blame your bowl for a poor delivery. It is up to you to get to know what line your bowl takes to achieve a perfect draw on the rink on which you are currently playing.

I know some players have two sets of woods - one set for outdoor and another for indoor. I play with the same set - Drakes Pride Professional Size 3H - for both and, over the years, I have learned the importance of size and weight in achieving consistency.

Let me repeat and stress the simple fact that in order to avoid "narrow" deliveries, you must adopt the correct position on the mat, facing the line that you wish your bowl to run. Once in the correct position, you are left only to consider the weight of your delivery and a smooth arm action. Resist the temptation always to think that you have to get shot wood. Concentrate solely on a properly angled and weighted delivery.

I still see some Skips failing to offer guidance to the player on the mat on the best line along which to approach the head in order to receive the best result. This is poor leadership.

I also see players adopting the same stance on the mat irrespective of the line and length they intend to bowl. This is poor playing.

Practice changing your stance on both hands in order to achieve consistency of play and to avoid narrow (or wide) deliveries.

If you have any particular problems on which you would appreciate the advice of one of our Club Coaches, please do not hesitate to contact either Des on 0116 269 6548 or Ken on 2606743.

## Welcome to Furnley House staff

An opportunity to show our appreciation

On Friday 19<sup>th</sup> June, staff from Furnley House have arranged to have a social afternoon at the Club. We are expecting about 16 people, men and women, to arrive at the clubhouse at about 2.00 p.m. When they would all hope to try their hands at bowling. Presidents and Captains have been asked to take the necessary steps to arrange a good turnout of Members to help to ensure that our visitors enjoy an introduction to the game (about 10 ends should be enough) at the end of which we have invited them to enjoy our hospitality in the Bar.

We are indebted to Furnley House for making their car parking facilities available to us on Saturdays. A good turnout of Members will demonstrate our appreciation of their supportive co-operation.

After a long delay, it is pleasing to report that all seven CCTV cameras are now fully operational.



## FINANCE MATTERS

### *"Keep in mind"*

A lasting power of attorney keeps your affairs in the right hands if you lose mental capacity. But it's not only for the elderly.

Imagine our surprise, if we were told that 99% of the adult population had not written a Will. And yet fewer than 1% of adults have a lasting power of attorney (LPA) which, as oversights go, is almost as serious.<sup>1</sup>

Think of a lasting power of attorney as an insurance policy, and one that could someday prove vital. At a fraction of the cost of most policies, it insures individuals against losing the ability to look after their affairs. Everyone hopes they will never need it but, if they do, it will protect against an individual's affairs being managed contrary to their wishes.

What exactly is an LPA? It's a legal document in which an individual authorises someone, or perhaps more than one person, to make decisions on their behalf when they do not have the capacity to do so themselves. The person nominated is the 'attorney', and the person making the LPA is the 'donor'.

There are two distinct types of LPA. The more commonly known variety is the property and affairs LPA, which deals with financial matters. Armed with this, the nominee can operate bank accounts, buy and sell property in the individual's name and run their business or investments.

The other type is a personal welfare LPA, in which someone can stipulate the sort of care they want in later life – home nursing, say, or a particular type of care home. It can also include a do-not-resuscitate order. An unmarried couple could use an LPA to empower one partner to make medical decisions on behalf of the other. That could prove useful in hospitals where that right might otherwise be questioned.

The most common reason for having an LPA is dementia – one in every three people over the age of 65 will develop some form of dementia<sup>2</sup>. But the power doesn't only come into play towards the end of life. People can lose their

capacity to act at any time, through injury, accident or illness. Every 90 seconds, someone goes into hospital with an acquired brain injury, according to the charity Headway.

So while every older person should have an LPA, younger people should be thinking about it too. Clients often ask to draw up LPAs for their parents, but they very seldom consider that they should also be making one for themselves.

If you are mentally incapable and don't have an LPA, you must apply to the Court of Protection to appoint a 'deputy' to act for you. That's very expensive and very slow. It can take three to six months, while the assets are largely in limbo.

Another alternative is to set up a joint account with a relative; but if the relative dies first, it's back to the Court of Protection. If the relative gets divorced or goes bankrupt, the account could be exposed to costly claims.

Anyone over 18 years of age can be an attorney. This should, of course, be someone who can be trusted completely; a relative, a friend or, perhaps, a lawyer or accountant. More than one attorney can be selected, and replacements can be named in case the original attorneys become unable or unwilling to act.

Individuals can also determine how their attorney acts and which decisions they can and can't make on your behalf, and provide guidance on how those decisions should be made. An attorney under a personal welfare LPA can only make decisions once the donor is judged incapable. But an attorney under a property and affairs LPA can act as soon as the LPA is registered, although restrictions on this can be included.

Neither kind of LPA is valid until it has been registered with the Office of the Public Guardian, which is essentially another face of the Court of Protection. Registration currently takes about three months, so it's best to register the LPA before it is needed.



Christine Dodge

## GARDEN CLUB



Members of the Garden Group visited Coton Manor to see the display of bluebells in the woodlands and were not disappointed by the acres of brilliant blue flowers in full bloom. The rest of the garden was full of beautiful spring flowers, particularly many varieties of tulips.

The flamingoes and the various types of hens and ducks were there, as usual, as well as the parrot on his perch in the courtyard area.

The food was excellent, and there were plenty of plants on sale to tempt us to buy.

The next meeting, open to everyone, will be on Tuesday 7th July at 7pm. Full details are on the notice board.

### Crockery finds a good home in Stratford-upon-Avon



The green Berylware crockery has been sold through eBay to a teashop in Stratford-upon-Avon which describes itself as "A smashing little 1940's

themed teashop in the heart of Stratford-upon-Avon, with all the fun of the 40's but none of the rationing." It offers breakfast, light lunches, "Ivor Novello" afternoon tea with a choice of sandwiches, delicious homemade scones and a fine selection of homemade cakes and pastries. The "Fourteas Tea Room" (*geddit?*) is very centrally located in Sheep Street close to the RSC Theatre. Ambient music is based on the period, the walls are decorated with wartime memorabilia, staff are all dressed in aprons, forties print dresses and turbans and menus take the form of wartime Ration Books!.

Proprietress Rachael Barber offers a warm welcome to Club Members next time you're in Stratford. The proceeds of the sale have been immediately re-invested in two new "Big Banana" dew and wormcast swishers for the green.

**"If we spent as much time feeling positive about growing older, as we do about trying to stay young, how much different our lives would be"**

### *"Keep in mind" - Concluded*

Any member wishing to discuss any of the issues raised in more detail, please do not hesitate to contact me on 0116 319 0084 for a no obligation meeting.

<sup>1</sup> Source: Office of the Public Guardian, November 2014

<sup>2</sup> Source: Age UK, February 2015

Please note that advice given in relation to a Power of Attorney will involve the referral to a service that is separate and distinct to those offered by St. James's Place and is not regulated by the Financial Conduct Authority.



*George Dodge at Coton Manor with a couple of strange birds*