

YOUR DIARY FOR THE MONTH AHEAD

DECEMBER 2015

- Monday 14th** Melton Indoors Roll-up session 11.20 start
Tuesday 15th Men's Management Group 7.00 p.m.
Wednesday 16th Pub Quiz/Social 2.00 p.m. start
 £1 for tea and biscuits
Saturday 19th "Name That Tune" 7.00 p.m.
 Soup and French bread
Monday 21st Melton Indoors Roll-up session 11.20 start

JANUARY 2016

- Monday 4th** Melton Indoors Roll-up session 11.20 start
Wednesday 6th Pub Quiz/Social 2.00 p.m. Start
 £1 for tea and biscuits
Saturday 9th Coffee Morning 10.30 a.m.
 New Year Party Live music with "Timeless"
 Faith supper £6
Monday 11th Melton Indoors Roll-up session 11.20 start
Tuesday 12th Board Meeting 10.00 a.m.
Wednesday 13th Ladies' New Year Party Details TBA
Monday 18th Melton Indoors Roll-up session 11.20 start
Tuesday 19th Men's Management Group 7.00 p.m.
Wednesday 20th Pub Quiz/Social 2.00 p.m. Start
 £1 for tea and biscuits
Saturday 23rd "The Edge" Jacket potatoes & fillings £4
Monday 25th Melton Indoors Roll-up session 11.20 start
Wednesday 27th Pub Quiz/Social 2.00 p.m. Start
 £1 for tea and biscuits

FEBRUARY 2016

- Monday 1st** Melton Indoors Roll-up session 11.20 start
Wednesday 3rd Pub Quiz/Social 2.00 p.m. Start
 £1 for tea and biscuits
Saturday 6th Indoor Bowling Warren Triples League
Monday 8th Melton Indoors Roll-up session 11.20 start
Tuesday 9th Board Meeting 10.00 a.m.
Wednesday 10th Pub Quiz/Social 2.00 p.m. Start
 £1 for tea and biscuits
Saturday 13th Coffee Morning

Birthday Bump

DECEMBER/JANUARY

Happy Birthday wishes to:

Barbara Brown, George Dodge, Val Foreman, Roy Hill,
 Marion Hegginson, Ges Horobin, Dave Hudson,
 George Stone, Kate Toon, Alan Ward, Ruth Wheeler,
 John Woodward and Bev Wright
 Congratulations to you all!

PLEASE CHECK NOTICE
 BOARDS FOR STARTING
 TIMES AND FULL DETAILS
 OF ALL EVENTS LISTED

Art Group and Winter Social Programme

Because of the unfortunate illness of Pauline Wright, fortnightly Wednesday morning meetings of the Art Group have been suspended indefinitely.

Fortunately, thanks to Jan Holmes, Pete Murray, George Dodge and others, we are able to sustain the planned programme of Saturday social events.

In view of their extra-special efforts to ensure that any financial loss to the Club is minimised, by keeping our socials going, it would be appreciated if all Members could make a special effort to support as many of these events as possible.

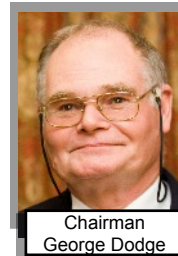
Subject to the vagaries of the NHS, we understand that Pauline is to undergo surgery on 13th December. We send her our very best wishes and offer our hopes for a full and speedy recovery.

the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No 114 December 2015/January 2016

'Tis the Season to be caring!



Chairman
 George Dodge

I think it would be fair to say most of us do not look forward to winter time now we are senior citizens. The singletons amongst us, especially, dread the long dark nights and dreadful weather - especially when it's so icy we can't get out to visit friends and family. Do you remember when we were children we had no central heating and lived in freezing houses, where the ice formed on the inside of the window as well as the outside? One of the compensations then was that families lived closer and made sure that the older members were visited regularly and all their needs were met. This is not always the case

nowadays, as family members could be living miles away or even reside abroad. I like to think that our Club is not just a get-together during the bowls season. Rather, we are a Club that keeps in touch all the year round through the medium of socials, coffee mornings and other events. However, we are all ageing and some of our older members, who have given so much to this Club in the past, are not as mobile as they used to be and therefore are becoming housebound and perhaps feeling a little bit neglected. I am not suggesting anyone goes visiting in cold or icy weather, thus putting themselves in danger of an accident - just a chat on the 'phone would be appreciated - especially at this very special time of year.



SYSTON BOWLING CLUB Clubhouse Telephone: 0116 269 2105
 All communications to The Chairman, George Dodge, 46 Brookfield Street, SYSTON, Leics. LE7 2AD
 Telephone: 0116 2698 923 email: systonbowling@btinternet.com

At your service through 2016

Following Annual General Meetings of both Sections, the following were elected to serve throughout the coming year. Our grateful thanks are due to all of them for their unselfish commitment to the interests of our Club.

MEN'S SECTION

Post		Contact No
President	Pete Murray	2608 679
Vice-President	Vacancy	
Secretary	Rob Wilbourn	01664 424 813
Assistant Secretary/PRO	Colin Grimes	2608 412
Treasurer	Brian Arnold	2606 431
Captain	Ken Renshaw	2606 743
Vice-Captains	Myles Clare	2600 113
	Don Creasey	2603 523
Midweek Captain	Noel Evatt	2607 960
Fixtures Secretary	Tom Jordan	2601 567
Competitions Secretary	Gary Wilbourn	2607 922
Catering Manager	Stan Page	2600 466
Welfare Officer	Noel Evatt	2607 960
Captain - White Plums	Dave Hudson	2600 582
Captain - Green & Royals	George Stone	2695 810
Captain - Leicester League	Ken Renshaw	2606 743



**Men's President
2015-16
Pete Murray**

LADIES' SECTION

Post		Contact No
President	Sheila Aindow	2693 108
Senior Vice-President	Margaret Abbott	0779 458 4150
Hon Secretary	Val Foreman	2609 635
Hon Treasurer	Sheila Aindow	2693 108
Captain	Sheila Parker	01664 424 491
Vice-Captain	Kate Williams	2604 477
Friday League Captain	Margaret Abbott	0779 458 4150
Competitions Secretary	Margaret Abbott	0779 458 4150
Match Secretary	Kate Williams	2693 108
Tea Hostess	Janice Wilbourn	01664 424 813
Bowls Leicestershire Delegate	Doreen Payne	2607 360
Committee Members	Chris Biddles	2609 061
	Barbara Brown	269 4330
	Hazel Rayns	01664 840 280
	Maureen Page	260 0446
	Marilyn Wood	01664 813 087



**Ladies' President
2015-16
Sheila Aindow**

Keep this page for ease of contact and reference

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FINANCE MATTERS

Portfolio drift

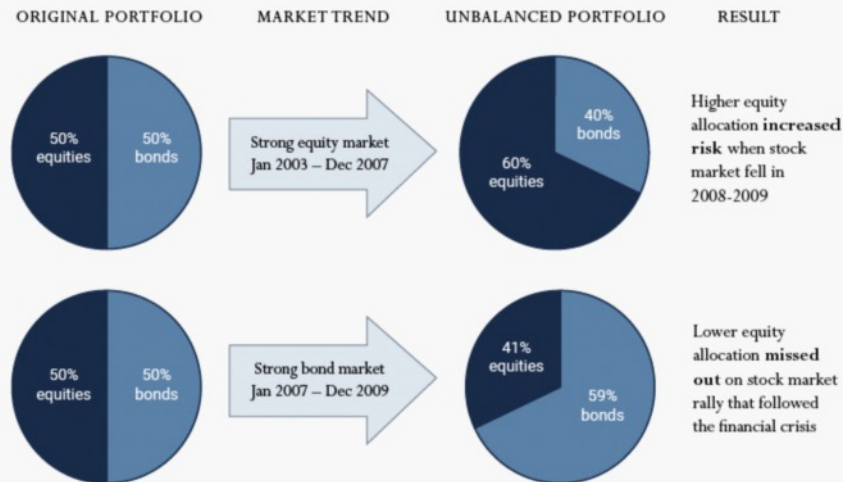
The idea of selling investments that have performed well to invest more money in those that have underperformed feels unnatural. However, that process – called ‘rebalancing’ – is an important part of managing your investment portfolio.

Over time, investments that have done well will account for a greater percentage of your portfolio, while those with lower returns will account for less. So your portfolio will be biased towards the better-performing investments. These shifts can make your portfolio riskier or more conservative than was intended. Of course, the fact that investments perform differently is the whole point of diversifying your portfolio in the first place.

To help keep on track to meet your objectives, it’s important to review your portfolio regularly and make adjustments if necessary.

The charts below illustrate how a portfolio divided equally between equities and bonds could become unbalanced as a result of market movements, and be poorly positioned to capture future performance.

Source: Natixis. The asset allocation shown is for illustrative purposes only. Equities are represented by the S&P 500 Index. Bonds are represented by the Barclays US Aggregate bond Index.



For any investor looking to the future, what matters even more than today’s returns are tomorrow’s objectives. It is easy to allow emotions to get in the way of good investment decisions, whether it’s a fear of losing out on future returns, a tendency to follow the herd by buying high and selling low, or simply too great a concern over the inevitable short-term market volatility.

Decisions about risk and return should be made on the basis of longer-term investment goals, not short-term performance or impulse.

If any member would like to discuss any of the issues raised in more detail, please do not hesitate to contact Pardeep Singh Narwal on 0116 319 0084 / 07956 972 789 for a free no obligation meeting.

All copy for the February Newsletter should be sent to Colin Grimes
 (systonbowling@btinternet.com)
by no later than
Friday 28th January
email: systonbowling@btinternet.com

CLUB PATRONS

We are grateful for the active support of all of our growing list of companies now featured in this Newsletter (See opposite)
 For details of Patron benefits, please contact 0116 2608412

Men’s Section AGM

Elections held at the Men’s Section AGM held on Monday 7th December saw a number of changes made to the retiring Management Group.

Pete Murray was elected to replace Ken Renshaw as President. The position of Vice President remains vacant to be filled by a candidate of choice by the incoming President. Stan Page was elected as Catering Manager (*His wife says he can’t boil water!*). Noel Evatt replaces John Lamble as Welfare Officer; Ken Renshaw assumes Captain’s responsibility for both the Club and the Wednesday Leicester League; Dave Hudson replaces Colin Wilkinson as Captain of the White Plums in the Monday Loughborough and District Triples League, Tom Jordan moves from Club Captain to Fixtures Secretary, replacing George Dodge, after 10 years’ sterling service in that post. Re-elected as Secretary for another year, Rob Wilbourn repeated his wish to be allowed to retire, and once again invited a volunteer to take on the role. Gerry Kennell proposed a vote of thanks to the retiring Committee which was unanimously endorsed.

59 CLUB UPDATE

Most recent winners are:

Edna Loder (11)
Margaret Trigg (18) Twice!
Myles Clare (23)

Congratulations to them all.

THERE ARE STILL THREE UNALLOCATED NUMBERS AVAILABLE.

PLEASE CONTACT VAL FOREMAN IF YOU WOULD LIKE TO JOIN THE CLUB

Christine Dodge



GARDEN CLUB

The latest visit of the Garden Group was to Gates Garden Centre. This has now been massively extended and stocks everything from clothing, furniture, jigsaw puzzles, everything Christmassy, etc as well as gadgets and tools for the garden and a wonderful selection of plants. It also has a lovely new restaurant with views over the lake and countryside beyond.

At the time of writing, we are looking forward to visiting Melton Mowbray on December 4th to see the Christmas Tree Festival and visiting the Toby Inn in Loughborough for our Christmas lunch on December 11th.

An apology

The publication of a light-hearted piece about (fictional) international response to ISIL in last month’s Newsletter, might have appeared to be more than a little insensitive in the light of the previous night’s atrocities in Paris. I trust that readers will understand that the piece was written and the Newsletter printed days before the outrage took place. Nevertheless, I wish to apologise if the unfortunate timing caused any offence to anyone.

CLUB LIBRARY

Please keep your donations of books to the Club library coming during the close Season. Reading tends to increase during winter months and a good selection of books on our shelves provides a valued and valuable service.

When I was young I asked my mother “What’s a transvestite?” She said “That’s your father, son. I’m over here!”



CLUB COACH

Des Eggitt, Club & County Coach

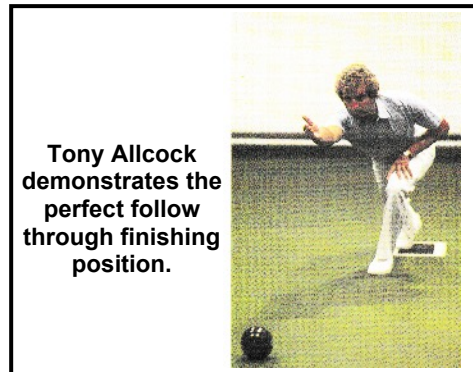
Club Coach Des was unfortunately unable to submit an article this month. The following advice is based on a chapter in "Tony Allcock's Bowls Skills" Des will hopefully resume his regular column early in the New Year.

The backward and subsequent forward swing of the arm is very much like a pendulum and should be practised until it becomes natural and rhythmic. Your swing is the means by which you exert control over the desired line and distance appropriate to your chosen shot. Whatever stance you have chosen, it is your swing which provides momentum and direction.

The most important thing to remember about the backswing is to allow its course to be unrestricted. You can take the backswing as far back as you like so long as you do not feel strain in the shoulder or run the risk of losing your grip on the bowl. The backswing is one of the main factors contributing to your control on weight.

The forward swing should also be free and unhindered. If a step forward is part of your delivery, the swing and the step must be synchronised, allowing your bowl to be released at exactly the right moment. Tony Allcock says: "It is unfortunately impossible to define exactly when the exact right moment occurs, except to say that you can spot it immediately when you've got it wrong! some things, at the end of the day, have to be left to natural ability." All ball games seem to have one bit of technique in common: the follow through. Strange as it may seem, whatever has gone on before the ball has gone, however correct the approach and the contact or release, the success of the action, whether it be hitting,

kicking, cueing, throwing or rolling, depends, in the end, on the follow through. You might think that once the ball/wood has gone, nothing can be done to affect its travel. But the truth is that the performance of a smooth follow through is a kind of post-delivery guarantee that what has gone before has been properly and thoroughly performed. The process is a bit like looking in your rear view mirror during your driving test. Not only have you to do it but you must make sure that the examiner sees you doing it. An exaggerated follow through is not only a guarantee of what has gone before, it is a guarantee to yourself that you have followed through. The follow through is a natural extension of the forward swing and should continue the chosen line exactly with your delivery hand finishing up, palm upwards, outstretched towards the point of aim, the shoulder of your chosen arc of approach.



Tony Allcock demonstrates the perfect follow through finishing position.

If you have any particular problems on which you would appreciate the advice of one of our Club Coaches, please do not hesitate to contact either Des on 0116 269 6548 or Ken on 2606743.

PLEASE REMEMBER: Donations of raffle prizes are always welcome at all Club events during the close Season

System and District University of the Third Age

Close relations with the Club for mutual benefit

Our Club is enjoying very close links with the newly-formed System and District University of the Third Age (U3A). Colin Grimes has been elected Chairman of the Steering Committee which will oversee the launch of the organisation and its establishment as a vibrant part of the local community. U3A operates as a series of active Groups following special interests from Art to Zumba. Membership is open to anyone who is not in full-time employment with no age limits. In addition to Group activities, a monthly General Meeting is to be held on the second Wednesday morning of every month in the Malthouse Suite of the System & District Conservative Club.

Several of the Group have sought and been given permission to meet in our clubhouse. (Singing, Bridge, Quilting, Gardening and the Steering Committee itself) In this way the Club is becoming more widely known throughout the community and is developing another very useful income stream from the fees charged. (£1 per head with a minimum of £15 per session.) A number of U3A Members, already registered, have expressed an interest in forming a Bowling Group which will, hopefully, lead to new members for our Club (or for Thurmaston, Fossey, Soar Valley, Rothley and other Clubs in the area.) At the appropriate time, early in 2016, we will put forward as attractive an offer as we can to persuade them to use the System green and facilities. It is clearly understood that the clubhouse will not be available between April and October (unless a morning time during which there are no club activities can be identified.) Throughout the close Season, subject only to the normal courtesies to visitors to our Club, Members may continue to call in at the clubhouse during scheduled U3A meetings to check noticeboards, lockers or prepare for other Club events. All U3A meetings are posted in the Club diary to avoid any clash or confusion.

Alan Collins

Roy Hill pays a personal tribute

My wife and I met Alan and Win at a dance in the Working Men's Club during the 1960s and 1970s. I did not know at the time that he was courting Win, but remember when he later married her. Our home was in Naseby Road off Gypsy Lane. Alan worked in the area for a printing company and often called at our house during his lunch break. We moved house to Queniborough in 1983 and only met Alan and Win at dances. In April 1996, I lost my wife, and in May I was walking in Central Park when Alan's head popped up from behind the hedge of the bowling green and he said, "Hi Roy, how are you?" I replied "Fine" and asked "How do I become a member of the bowls club?" Ever ready, he handed me a piece of paper and told me to put my name and address on it and add a note to say that I wished to become a member and he would do the rest. He then said, "Can you come to a meeting at the bowls club on Monday or Tuesday the following week?" By the following Saturday I was a Member and played my first game for the club. The rest is history as you will all know. Thanks Alan, for all the wonderful times we shared together, dancing, bowling, home visits, holidays, outings and all. We will all certainly miss him and he will never be forgotten. **Roy Hill, family and friends.**