

THIS MONTH'S DIARY

JUNE

- 13th **Kegworth** H 2 p.m.
Loughboro' **Brush Hawks** A 2 p.m.
- 14th **SBC Board meeting** 10.00 a.m.
- 15th **Belvoir Vale** A 2 p.m.
Enderby H 6.15 p.m.
- 16th **Belgrave** A 2 p.m.
- 17th **Sileby** H 6.15 p.m.
- 18th **Loughborough Phoenix** H
Oakham A
- 20th **Loughboro' Brush Hawks** H 2 p.m.
Rothley Crusaders A 2 p.m.
- 21st **Oakham** A 2 p.m.
Management Group meeting 7.00 p.m.
- 22nd **Soar Valley** H 6.15 p.m.
- 24th **Quorn** A 6.15 p.m.
- 25th **Holwell** H
Mowmacre (Mixed Triples) A
- 23rd TBA
- 27th **Sileby Finches** H 2 p.m.
Birstall Sands A 2 p.m.
- 28th **Kegworth** A 2.30 p.m.
- 30th **Evington Park** H

JULY

- 1st **Fosseway** H 6.15 p.m.
- 2nd **Fosseway** A
Scotlands H
- 4th **Rothley Crusaders** A 2 p.m.
Kegworth H 2 p.m.
- 5th **Hartopp Cup**
- 6th **Shepshed** A 2 p.m.
St Margarets A 6.15 p.m.
- 7th **Oadby** A 2.15 p.m.
Western Park H
- 8th **Shepshed Lions** H 6.15 p.m.
- 9th **Bagworth** A
TBA H

Colour code: **Men** **Ladies** **Club**

**PLEASE CHECK NOTICE BOARDS
FOR STARTING TIMES AND FULL
DETAILS OF ALL EVENTS LISTED.**

Captain Ken's Corner

concluded from p5

struggling. On Mondays, while the White Plums are doing really well (see separate report on p3), the Green and Royals are underperforming, largely as a result of the lack of availability of players referred to above. Their results to date are not an accurate reflection of what this Club is capable of.

I am sincerely sorry to have to speak so bluntly. But I do speak from the heart and ask you all to resolve to do everything in your power to ease my concern and pain at current levels of commitment.

Ist Aid Boxes



Thanks to the generosity of Tarmac, through our good friend Facilities Manager, Chris Bates, both Club First Aid boxes have been fully restocked. One is kept on the Bar, the other is in

the former Men's Changing Room. Facilities Director, Janet Lowe asks: "When anyone uses something out of either of the boxes, please tick the appropriate item on the list attached to each box. In this way, we can keep a check on what needs replacing."

Birthday Bump
JUNE

Happy Birthday wishes to:
**Margaret Baker, Jenny Dewick,
Margaret Dexter, John Lester,
Alf Newman, Mark Newman,
Aideen Talbot, Rob Wilbourn
& Janice Wilbourn**

the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No 119 June 2016

HAPPY BIRTHDAY, YOUR MAJESTY!

Club celebrates Queen's birthday

All Members of Syston Bowling Club offer Her Majesty Queen Elizabeth II our warmest best wishes and congratulations on her 90th birthday.

To celebrate this important occasion, we are organising a celebration day on Sunday 12th June.

The day's programme starts at 10.30 a.m. when the Men's Section are engaged in the Armstrong Shield - Charity Cup competition organised by the Loughborough and District Triples League.

From 1.30 to 3.00 p.m. there will be an "Open" green when members of the public are invited to try their skill at bowling under guidance from Club coaches and other supportive Members. At 3.00 p.m. Members will organise a "Fun" match for which they will all be dressed in red, white and blue.

From 6.00 p.m. onwards, there will be musical entertainment and games in the



clubhouse. Raffle prizes will be welcomed, as always. Barbecue food, provided by Ken Renshaw and Dave Hudson, will be available throughout the day and a full Bar service will be provided as usual.

All Club Patrons have been invited to join us in this special event. It is hoped that as many Members, their families and friends -

together with members of the public - will take this opportunity to demonstrate their loyalty and joy at this important milestone in our monarch's life of service to the nation.

"Long may she reign!"



Royal Caption Competition

A prize will be offered to the Member who submits the most amusing and/or appropriate caption to explain the Queen's gesture in this photo.

Entries to The Editor **email:** systonbowling@btinternet.com



SYSTON BOWLING CLUB

Clubhouse Telephone: 0116 269 2105

All communications to The Chairman, George Dodge, 46 Brookfield Street, SYSTON, Leics. LE7 2AD

Telephone: 0116 2698 923

email: systonbowling@btinternet.com

Improving your game - Common faults

With acknowledgements to Woodspring Bowls Club

1. Playing too heavy

Slow down - just move more slowly and reduce the speed of your delivery. Speed comes from the velocity: YOU are creating this, so reduce it and the wood won't travel so far.

2. Playing too short

Move more quickly - simply increase the speed of your delivery. Swing your arm back slightly more for the additional weight.

Practise this to find the right level for you before you try it in a match.

3. Playing too narrow

Ensure your whole body is committed down the line you're trying to play. Have you picked the shoulder (the point at which the wood visibly starts to turn)? Are your eyes, feet, and whole body pointing at the shoulder? Simply turn your **whole body** more, not a half waist turn with your feet pointing elsewhere. Stop looking at that Jack (*Jackitis*). Look and aim at the 'shoulder' (the point where the bias of the bowl takes over).

4. Playing too wide

Ensure you are addressing the line down to the 'Shoulder'. Ensure you "step down this line" Watch what shoulder your opponents' successful woods are turning on. You may be over-compensating for your woods. Try the opposition's line.

You may be stepping out too far to the side.

You may be "throwing your arm out". It should be a smooth pendulum action down the side of your body.

It could be as simple as turning your body less.

5. Delivering the jack

Too many people just throw the jack up the green in order to get on with the match. This is a disaster waiting to happen. The control of the match rests with the person who controls the jack. This is undoubtedly the most important delivery in **every** end and should be treated with more care and effort than any wood.

Great care should be taken with the grip and delivery of the Jack.

6. Generally losing the line

There is a position that is most comfortable and

profitable for all bowlers. Ideally, the eyes must be concentrated along the line of delivery. Almost stare along the line for as long as it takes. Having decided the line along the green that the wood has to travel, and having pictured this clearly in your mind's eye, deliver the wood.

Your leading foot (left - for right-handed bowlers) should generally be extended no more than a walking pace, providing perfect balance, pointing along delivery line. Balance is improved by resting your non-bowling arm on the knee or thigh of the leading leg. However, looking at your feet at the moment of release can cause a player to lose line. The position of your head is critical at the point at which the wood is delivered. Some bowlers look downward at the moment of release. This can cause you to lose line and, sometimes, cause you to release the wood slightly behind the leading foot before your swing is fully complete. There are others that hold their heads too high. This puts a strain on the neck and shoulders which can transmit to the arm. The bowl is bumped because the bowling arm has already started to move up. Your head should always feel relaxed, comfortable, and remain as still as possible.

The distance from the mat at this point of eye contact will vary from bowler to bowler. The head must remain still but not rigid, and it is up to every bowler to find a comfortable spot along that line without any strain in the neck and to make an elegant delivery. Some will opt to gaze at the shoulder of the rink (i.e. the point where the bias begins to curve the bowl toward its objective). Some will select a point a couple of yards from the mat and on every delivery to run over the same spot. That's fine so long as you can adjust for various mat positions.

Movement of the whole body at the point of delivery can result in a bowl being bumped out of your hand. This happens when your arm is jerked up too high or is quickened at the moment of release. When you deliver, stay down for a few seconds and watch your bowl run along the line you have taken. Check that it is the line you intended to take.

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Finance Matters

SMART Steps

Research shows that Britain's smartest investors have some common habits and the confidence to seek out alternatives to cash.

Nearly three quarters of 'mass affluent' Britons say it's important for them to earn an income on their investments, yet they still allocate more than two thirds of their assets to cash – 20% more than even they acknowledge they should.

This is according to the latest BlackRock Investor Pulse Survey (December 2015), which reveals the financial issues people care about most and how they directly influence investor behaviour.

With so many people in the UK resorting to the safety of cash, the report finds that, perhaps unsurprisingly, a third of them are concerned about outliving their savings in retirement.

Get smart

Yet the BlackRock survey also identifies a group of people who are more confident to step out of cash in the search for higher returns. Making up 8% of the UK survey's 4000 respondents, the global fund manager identifies these individuals as **SMART** investors. They exhibit behaviors that everyone could arguably learn from. Interestingly, they can be found across all of the age and income brackets.

SMART investors have received the name on the basis of their five key investment habits. They:

- Save and invest more
- Make retirement a priority
- Actively invest for income and growth
- Recognise the need to spread their investments
- Take planning and financial advice seriously

Because **SMART** investors are more likely to seek advice than the average Briton, their cash exposure is much lower than the average. Nearly half of them use a financial adviser, almost three times the national average. It's perhaps not surprising, therefore, that eight in ten are confident they are making the right financial decisions, compared to only half of Britons in general.

The survey shows that nearly two thirds of respondents liken investing to gambling, whereas the behavior of **SMART** investors indicates that they do not make the same comparison. They actively invest for income and growth and diversify their portfolios to a much greater extent. Almost all (97%) of **SMART**s have both savings and investments, compared to only 41% of Britons, and they are four times more likely to have a Stocks & Shares ISA than the 7% national average.

In an ideal world, Britons would like 39 years to save for their retirement. In the real world, many put it off until well into their 30s or even 40s, while around one in five never start saving at all.

In contrast, when it comes to retirement, more than half of **SMART** investors say that putting money away now is a priority, compared to just one third of average Britons.

Crucially, the great majority (86%) of these more savvy investors have started to save for retirement, a much higher proportion than the UK average of 60%.

The habits of **SMART** investors explain why they are more than twice as likely to feel positive when investing.

It is, of course, important to remember that moving out of cash in search of higher returns will involve accepting a risk to both income and capital. But many would be wise to follow the example of Britain's **SMART** investors, by making an early start to saving and recognising the need to diversify their assets, in order to help achieve financial security in the years ahead.

More information

Should you wish to discuss any of the detail contained in this article or any other financial issue, please do not hesitate to get in touch with Club Patrons - Pardeep Singh Narwal, Partner - St. James's Place Wealth Management on 0116 319 0084 for a free, no obligation meeting.

Christine Dodge



GARDEN CLUB

The Garden Group's latest visit was to Burley House near Stamford. It was a bitterly cold day and not suitable for staying outside. However, most of us had already explored the gardens on our last visit when we had gorgeous weather, so we concentrated on touring the house. This proved to be very interesting and there were helpful guides to answer any questions. Most of us decided to go via Oakham on the return journey and stopped at Wetherspoons for a meal which helped to bring an end to a very enjoyable day.

All copy for the July Newsletter should be sent to **Colin Grimes** by no later than

Monday 27th June

email:
systonbowling@btinternet.com

For coaching advice, and assistance ring

Ken on 0116 2606 743

or

Gary on 0116 2607 922.

59 CLUB UPDATE

Most recent winners are:
Kate Williams (16) **ROLLOVER!**
Doreen Payne (46)
Pat Plowman (59)
Dave Anderton (30)

Congratulations to them all.

THERE ARE STILL SOME UNALLOCATED NUMBERS AVAILABLE. PLEASE CONTACT **VAL FOREMAN** IF YOU WOULD LIKE TO JOIN THE CLUB

White Plums Go Top



Captain Dave Hudson reports: "We have continued with our good league form. The game against the Steamers away gave us a victory of 34 to 61 and another 8 points .

At Sands we had another good win away 43 to 61 ,again with 8 points. At the time of writing (5th June) we have taken 30 points out of a possible 32 and we are sitting on top of the league table - a great first half of the League programme. In the Monday Trophy, after winning against the Maggies, we played the Woodpeckers and came second. Since both of these teams are in higher League Divisions, they gave us some valuable experience of playing against better opponents. Our next league game is against the Green & Royals.

Team	Pl	Shot Wins	Shot Diff	Rink Wins	Pts
White Plums	5	5	84	14.5	38
Hawks	4	3	33	9	24
Finches	5	3	87	8	22
Kegworth	5	2.5	1	8	21
Crusaders	5	2	-13	6	16
Sands	5	2	-17	6	16
Steamers	4	1.	-79	3	9
Green & Royals	5	0	-96	3	6

STOP PRESS

Monday 6th June

White Plums 48 8 Pts
Green & Royals 30 0 Pts

CLUB LIBRARY

Please keep your donations of books, CDs and DVDs to the Club library coming. A good selection of books on our shelves provides a valued and valuable service for Members and our visitors alike

President Pete's Party

Tributes from appreciative Members



1. Ladies' President Sheila Aindow says: It is with some relief that I can write this short message of tribute regarding President Pete Murray's day of celebration. After a flight delay of 6 hours on our outward journey, we hoped that the same thing wouldn't happen on the way home.

Fortunately, it was only delayed by about 20 minutes. So, although it was the small hours of the morning before we could get some sleep, it was still possible to get to Pete's party. So let me thank Pete for inviting me to sit at top table during the meal. The weather was very kind to us and everyone enjoyed a fun game of bowling. Of course, the President's side came out on top - as it should be on his special day. The game was followed by a delicious meal provided by Jenny Dewick, Kate Toon and a band of helpers, always ready to rise to the occasion. What a lovely surprise for me, when speeches were over, to be presented with some beautiful flowers. Thank you very much - it made the occasion special for me too. The songs and music rounded off the evening and made a great finale to a most enjoyable day. Enjoy the rest of the Season and the remainder of your President's year.



2. Club Chairman George Dodge: I am sure everyone who attended President Pete Murray's Day will agree that we all had a wonderful time. The large majority of Members attended this event, supported, as usual, by our Associate and Social Members - which shows just how much we all appreciate all the work Pete carries out on a daily basis for our Club.

The day began with a Spider on the green and then a match between the President's team in Red and the Vice President's team in Blue. 14 ends were played with the President's team emerging as victors. This was followed by a superb meal and many thanks go to everyone who helped to produce and serve this. Special thanks must go to Jenny Dewick and Kate Toon who spent almost the whole day preparing the food - which was absolutely delicious. After the meal and speeches, the Ladies on the top table each received beautiful bouquets from the President. The top table was then cleared away and we were treated to an evening of fantastic entertainment by Kerry Jean, who had a lovely voice and a great sense of humour. Thank you, Pete, for organising such a great President's Day. I don't know how you found the time to organise this enjoyable event as you are always busy at the Club doing something. Not only looking after the bar with all that that entails, but helping with all the social events, decorating the Club at Christmas, helping with the coaching and with recruitment and serving as a Director of the Club. The Club owes you a great vote of thanks for all that you do to make our club so special.

Thanks to Roger Bentley for his photo of a packed clubhouse to honour President Pete.



President Pete's Party Concluded



President Pete, himself, says: I would like to thank everyone who attended my President's Evening. It really was a very good turn out.

The evening started with a Spider for a bottle of Grouse whisky which was won by new Member, Pat Lilley. Following that there was a match between the President's team and the Vice President's team. I am pleased to say that the President's team won and my son in law, Vice-President Gary Kilbourne, sportingly announced the result to everyone in the clubhouse. The match was followed by a wonderful meal of Hunter's Chicken and salad with ice cream, meringues, cheese & biscuits. The meal was cooked and prepared by Jenny Dewick and Kate Toon and I can't thank them enough.

They were in the kitchen from early morning until the evening. They were presented with wine glasses, which with the benefit of hindsight, seems inadequate for such a deal of hard work. Everyone enjoyed the meal which deserved the high praise it received. There were bouquets for honoured guests - Ladies' President Sheila Aindow, Chairman's wife Chris Dodge, my wife Marlene and Vice-president's wife Sharon Kilbourn. I offer a big thank you to those kind people who gave me cards and to Colin Grimes who stepped in as toastmaster at the last minute - a job he does so well. Thanks also to Dave Hudson for doing a great job behind the Bar. The evening finished with a wonderful entertainer, Kerry Jean, who presented a wide range of song styles until late into the night, encouraging everyone to join in the singing. Dancing continued most of the night. Once again thanks to everyone who attended. I do hope you all enjoyed it as much as I did.

Captain Ken's Corner

Now I can see that it might be a result of the lousy weather we've had since the start of the Season, **BUT**, as your Captain, I have to report that I am increasingly concerned about an unusual lack of interest in and attitude to our scheduled fixtures played so far. At a time when our membership is growing, Captains ought not to experience such a problem. When I proposed our involvement in the Wednesday Leicester League, I hoped that it would not interfere with our other, traditional, fixtures. Thankfully, last year, it clearly didn't. This year, however, Captains are experiencing regular problems in trying to field full sides to meet our fixture commitments. Even for the Wednesday League itself! I cannot remember a time when we had to struggle so much to fill



four or five rinks on a regular basis because of a general lack of apparent enthusiasm and support. Additional problems are caused when Members fail or forget to tick off their names on the Team Selection Sheets. Captains of all teams are having to spend a lot of time "chasing and checking" on availability. This is not typical of spirit that we have traditionally demonstrated in this fine Club of ours. So, come on, lads! Never mind the weather, get behind your Captains and your Club and put us in a position to make maximum use of the strength in depth that we have within our growing membership. In spite of these availability problems, overall results on Wednesdays and Saturdays are quite reasonable. On Thursdays, however, we are