# the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No 123 - November 2016

# MEN'S COMPETITIONS ROLL OF HONOUR 2016

Pardeep Narwal Champion of Champions Trophy - Ken Renshaw



4-Woods Club Champion - Tom Jordan



2 Woods Singles Champion and 4 Woods "Maidens" Competition – Derek Renshaw



Two woods Pairs Champions – Gerry Kennell and Stan Page



#### Other winners

**4 Woods Pairs Champions -** Colin Grimes and Dave Hudson **"Syston Town News" 2 woods Triples Trophy -** Dave Hudson, Keiran Jordan and Jan Holmes

**4 Woods Mixed Pairs Championship -** Noel Evatt and Marilyn Wood **Triples Championship** 

Colin Grimes, Roger Bentley and John Lamble *v* George Dodge, Colin Wilkinson and John Lester *Final deferred to next Season due to illness* 

Copies of all photographs featured in this Newsletter are available from the Editor

# PRESIDENTS OFFER THANKS

as they reviews their year in office

## A. Men's President Pete Murray



As this is my last report before my Presidential year finishes, it's an ideal opportunity to reflect on the past season. I have to say that it has been an interesting season and I have enjoyed my year as President.

I would like to start by thanking my wife Marlene for being so patient and putting up with me for spending a great deal of time at the Club, almost every day during the season. Although she is only a Social Member, over the past few years she has raised £200 to £300 each year for the Club as well as doing the raffle at Coffee Mornings. Another Social Member I must thank is Hazel Renshaw for all her hard work, including a great Sunday lunch for the Men's Section, and the many times she has volunteered to work in the kitchen.

A big thank you to the Men's Management Committee for their work during the past year, everyone carrying out their duties for the benefit of the club.

Thank you to Vice President and Competitions Secretary, Gary Kilbourne, for the way he organised and ran the competitions and the finals. I wish him every success for his presidential year.

Thanks also to Rob Wilbourn and Colin Grimes for their hard work on the administration side of the Club. Another vote of thanks to Tom Jordan for all his hard work on the fixtures - a very difficult job but I'm sure everyone appreciates the hard work.

Thanks to Stan Page for sorting out the Catering. Our club is renowned for its great teas.

Brian Arnold has done a great job as Treasurer by keeping us in the black. Long may it continue.

On the playing side, congratulations to Dave Hudson for captaining the White Plums to the top of Division 3 of the Loughborough Triples league. Commiserations to George Stone and the Green & Royals on being relegated, but I'm sure they will be back next season.

Well done to Club Captain Ken Renshaw and his Vice captains for their hard work during the season, not only on Saturdays, but also in the Leicester League on Wednesdays.

Thanks to Noel Evatt for his midweek captaincy and, although the results were very disappointing again, he has kept on trying. (P25 W5 L15 D2 Shot deficit -159) I think there is more dedication needed from some of our members and maybe then the standards will improve.

Thank to Rod Heggs for his hard work and dedication in keeping the green up to the standard which now makes it one of the best in the County.

A big thank you is also due to the ladies who have helped my year as President to go so smoothly, especially Sheila Aindow for all her hard work during her term as Ladies' President. It was a great pleasure to serve with her during the past year. A special thank you to Pauline Wright and Jan Holmes for their tireless work throughout the past year arranging such a varied programme of social events.

Finally, a very special thank you to Kate Toon who has worked tirelessly in the kitchen and on social events. She has been a great and consistent help to me during the year.

I hope I haven't forgot anyone, but if I have please accept my apologies.

One final comment. Can every Member of Syston Bowling Club say that they have done their best for the Club during the past year? If not - why not?

My best wishes to all Members.

**Pete Murray** 

# B. Ladies' President Sheila Aindow



As my President's year is now at an end, I must say a big "Thank you!" to everyone for all their help and support throughout the year.

It has been an extraordinarily difficult year with so many of us unable to play. There were times when it was hard to get a team together – three rinks of Triples became a regular part of the programme. Hopefully, it will improve for us next year. On a more cheerful note, I would like to congratulate Kate Williams, Marilyn Wood and Jenny Dewick on winning the spoons at the Benevolent game and Kate Toon, Marilyn Wood and Beverley Wright on reaching the Quarter-finals of the 2-Wood County Triples. "Well done!" to you all.

We had a great evening on 7<sup>th</sup> October when we enjoyed our candlelight bowls with lots of fun and a lovely supper. Thanks to everyone who helped to make it so

successful.

After 13 years, Margaret Abbott has resigned her position as Competitions Secretary. (*See below*) So a big "Thank you!" to her. Fortunately, she has agreed to take on the role of President in 2017 for which we all wish her well and hope she has a happy year in office.

So, I will look back on this year with many happy memories – but, most of all, I will remember all the help and support you have all given to me.

Winter well! I look forward to seeing you in 2017.

**Sheila Aindow** 

# LADIES' COMPETITIONS



The Ladies held their Presentation lunch at Birstall Golf Club where we enjoyed a lovely lunch and lovely fellowship.

It was my last occasion as Competitions Secretary. I have been in the position for the last 13 years and I think it is time for a younger person to take over. For most of the time, it has been a pleasure. As with every job you take on, however, you have your ups and downs but that goes with the territory.

I would like to take this opportunity to thank all the ladies for their support during my term of office and wish good luck to my successor.

(Full Ladies' competitions results on p 8)

**Margaret Abbott** 

# LADIES' CAPTAIN SHEILA REVIEWS A DIFFICULT YEAR



As you all know 2016 has been a very difficult year, not only for me, personally, as Captain, but also for many of our playing members.

I thank you all very much for supporting me by playing as many matches as you were physically able to manage in these difficult times. I know that towards the end of the season we were all exhausted. I do wish everyone a full and speedy recovery from various illnesses and other difficulties as we look forward to seeing you all on the green next season.

Not surprisingly, perhaps, the final results for the Season overall, compared to the previous three years, were disappointing: Played 23 Won 9, Lost 12, Drew 2,

Shot difference **minus 40** . 2 games were abandoned and 8 cancelled, 5 of which were home games, so we lost out on revenue from teas as well.

Let's hope we come back in better health next year and that we can look forward to a better year. I have decided to stand down as Captain but, as Vice-Captain, I will be giving Captain Jenny Dewick my full support.

Sheila Parker

# **GARDEN GROUP UPDATE**



The recent Garden Group meeting was very well attended, now the bowling season has ended. This year has been particularly difficult because of lack of drivers but obviously bowling commitments must take priority. It was good to meet up again and exchange news and ideas for the future.

The latest visit was to Dobbies' Garden Centre for shopping. It is such an enormous place with a great variety of goods with much to see.

The Christmas meal this year is being held at the Britannia at Queniborough on December 2nd and full details are on the notice board

#### Thanks!

On a separate subject, I'd just like to thank everyone involved with the arrangements for the Ladies' Lunch and Presentation afternoon. I am sure everyone present enjoyed a wonderful meal with excellent service from the restaurant staff. I particularly want to thank Val Foreman for sorting out the complicated transport arrangements etc that occurred at the last minute.

**Christine Dodge** 

#### CLUBHOUSE SWEAR BOX INSTALLED

All Members are warned that a Swear Box has been installed in the clubhouse. Penalty tariffs are clearly marked. The significant sums expected to be raised in fines will go to Club funds.



#### **TOWARDS UNIFICATION**

As announced in the September edition of the newsletter, the Board has appointed a small Working Party with terms of reference "To explore the feasibility of moving towards a fully unified club and to make appropriate recommendations to the Board."

I am honoured to have been invited by the Board to chair the panel which includes Josie Hubbard, Gary Kilbourne, Stan Page, Ken Renshaw, Kate Toon and Kate Williams.

At our first meeting, held on 3<sup>rd</sup> November, we identified a strong consensus on the overall "shape" of a unified Club and were able to move quickly to examine some of the more detailed implications of a move to full integration using a set of principles which the Board had already considered and approved.

We looked at how far these Board proposals would match the ideas that we, as a panel, felt confident that the membership as a whole might find acceptable.

We agreed the vital need to keep the membership fully informed of developments on a "rolling" basis rather than be presented with a comprehensive set of final proposals to be considered at a single General Meeting. (**Remember:** Any changes to the structure of the Club must be approved by Members in a General Meeting.)

Accordingly, you should know that the panel were able to give their unanimous support to the following outline policies to act as a basis for future consideration of the detail:

- that the date of 1<sup>st</sup> January 2018 should be set as an initial "target" date for the implementation of any agreed changes;
- that any unification should be based on the basic principle of the equality of all Members and that the concept of quotas or shared male/female responsibilities and/or alternates should not be sustained;
- existing Sections should be abolished in favour of a single, unitary organisation;
- all resources currently held by Sections at the agreed point of unification should be transferred into a single account operated by the Finance Director under the direction of the Board of Directors;
- the principle of an annually elected Board of Directors should be sustained, the composition of which would need further consideration;
- a single Executive Committee of annually elected Officers should be established, the composition of which would need further consideration;
- members of the Board and Executive Committee should be elected entirely on merit with no attempt made to sustain some kind of male/female balanced representation;
- the current Club badge, Club shirt and Club flag design should be sustained causing the use of the current Ladies' logo, badge and flag to be discontinued;
- a reduced programme of separate competitions should be sustained in order to satisfy the current requirements of County competition entry qualification;
- all other competitions not affected by County requirements should be organised as integrated events;
- competition finals and competition presentations should be organised as unified events;
- a review of competition trophies should be conducted with numbers reduced to reflect the new situation;
- a single Club AGM should be held in accordance with the Memorandum and Articles of Association;
- with the exception of League fixtures, which should continue to operate in accordance with League rules currently in force, all fixtures should be mixed;
- the current Membership Handbook and Fixture List should be amalgamated to show a single membership list, with further discussion required on any necessary adjustments to featured policy statements;
- a standard Club charge for teas and raffles should be applied to all friendly fixtures with League games subject to League rules for the time being in force;

 all members should be expected to participate on a voluntary basis in annual duties such as Spring cleaning and green maintenance and other more regular matchday duties such as table duty and green setting out;

Our next meeting will be held in the clubhouse on Thursday 17<sup>th</sup> November starting at 6.30 p.m. when the principal Agenda item will be "*Management Structure*", considering the role and function of all Club Committees and officers within a unified organisation.

If **YOU** have any reservations about any of the above principles which you feel you could not support, please make your views known either to me or to any other member of the Working Party so that any objections can be addressed in a timely fashion.

If **YOU** would like to sit in as an observer at any meeting of the panel, please feel free to do so. You may be given the opportunity to speak at such meetings but you will not be able to vote.

**Colin Grimes** 

#### **NEW COOKER**

After a prolonged period of "dithering", a new cooker has finally been selected and installed in the kitchen.

#### COACHING CORNER

(With acknowledgements to West Hoathly Bowls Club)

The following tips are not the magic answers to every bowler's problem but they may help to solve a problem in the short term. You could always try and seek the advice of Ken Renshaw or Gary Kilbourne our Club coaches. The problem may not be as bad as you think but if you do not get help it may get worse.

#### 1. Delivering the Jack too short or too Long

A lot of bowlers do not cast or deliver the jack properly. They think that because it is such a small object it is easy. This is quite the opposite as, in many cases, the person who has the mat and controls the Jack may control the game. When you deliver the Jack you should take as much care and effort in its delivery as you would when delivering your woods. So proper care and attention when delivering the Jack is very important to the whole team.

#### 2. Playing too Heavy

Slow down! Are you taking your arm back too far and then bringing it forward too fast? A fast arm movement will cause your bowl to travel too fast. Try not to deliver your bowl whilst you are still moving forward, as this causes the bowl to travel faster.

#### 3. Playing too Short

Move your arm through your delivery more quickly. This increase of the speed of your arm should send the bowl down the green faster. Then, just keep practising to find your correct delivery speed.

#### 4. Playing too Narrow

Ensure your whole body is pointing down the line that you are playing. Have you picked the "Shoulder" of the green? (The point where your bowl slows down and starts turning toward the centre line). Are your eyes, feet and whole body pointing at the shoulder? If not just turn your whole body more down the line you are bowling. Do not look at the Jack.

#### 5. Playing too wide

Once again ensure that you are pointing your whole body down the line to the shoulder of the green. Make sure that when you step forward you step down the line you are facing - i.e. towards the shoulder. Ensure that you swing your arm straight back and straight forward like a pendulum. Try and avoid swinging your arm out to the side. The action should be a smooth pendulum action down the side of your body. Try and keep your shoulders as level as possible. Do not bend sideways at the waist.

#### 6. Bumping your Woods

You are delivering your woods too high. Try and bend your knees to get closer to the green and release your bowls at green level. When the bowl leaves your hand it should leave your hand over your fingers straight onto the green. The problem with bumping your woods is that as soon as the wood hits the floor is loses approximately one third of its speed and will more than likely not reach the Jack. You might think that you could increase the speed of your bowls to compensate for the bumping. This would cause an even worse problem and that is you could mark the green and take out divots which, if you are bowling Outdoors, this will **not** please the Green Ranger!

#### **BIRTHDAY BUMPS**

Happy birthday wishes to *Tom Jordan* and *Muriel Gibson* with birthdays in November. Special congratulations to *Muriel* on reaching the age of 102.

# **59 CLUB UPDATE**

Most recent winners are: *Marion Hegginson* (02), *Margaret Dexter* (37), *Barbara Brown* (42) Twice!, Janet Lowe (55), Jenny Dewick (27) Twice!, Sue Renshaw (53) and Myles Clare (23))

Congratulations to them all!

Please note that number 57 remains available. Please contact Val Foreman if you would like to take it up.

#### FINANCIAL MATTERS

The monthly advisory feature supplied by Club Patron, Pardeep Narwal, Narwal Wealth Management Ltd

This month: "No place like home"

Whether our health conditions can be managed at home in old age will largely depend on how well we have prepared.

Most elderly people who live in a nursing home suffer with some form of dementia. According to the Alzheimer's Society, however, they only represent half of all people suffering with the illness. The Society recently reported that there are more than 800,000 people in the UK living with dementia, a figure that is expected to grow to over one million by 2025, and over two million by 2051.<sup>1</sup>

A move into a nursing home is too often not through choice, but is rather forced on individuals by circumstance, regularly leading to feelings of loneliness and insignificance. This is especially true for dementia sufferers, whose difficult behaviour patterns can often be attributed to unmet needs.<sup>2</sup>

#### Home advantage

Research shows that nearly three quarters of us want to stay in our own homes as we get older.<sup>2</sup> While it is no surprise that most of us want to live independently for as long as possible, evidence now suggests that home care is often preferable to residential care in a nursing home.

"Ready for Ageing", a report prepared for parliament, recommends that "older people only go into hospitals or care homes if essential", and that the home remains as the "hub of care and support". Furthermore, separate research<sup>3</sup> suggests that older adults who have mild dementia, are living at home and maintain contact with the community, experience several benefits:

- Improved quality of life and wellbeing
- Greater social connection
- Higher levels of happiness and satisfaction with care received
- Fewer hospital admissions
- A reduction in falls
- A slower decline in function

"Clearly, home care can deliver a number of benefits for older people, including social interaction and physical functioning," says Tony Müdd, Divisional Director at St. James's Place. "It allows people to maintain consistency and familiarity, which is especially important for those with dementia," he adds.

"Depending on the level of care required, the cost can be comparable to nursing home fees, and there's the added benefit of one-to-one care based around the needs of the individual, rather than the impersonal structure of a care home," says Müdd. "Live-in carers are sometimes trained to cope with specific health conditions like Alzheimer's or Parkinson's."

#### Right at home?

Most of us will adapt our homes to support changes in our health as we get older, but some of us could face a decade or more at the end of our lives dependent on more specialist care. Unfortunately, if we don't think about our future care needs, the truth is that we might not get what we need or would want. If our wish is for care to be provided in our own homes, then it is essential that we talk to our partners, families and health professionals about our wishes. In most cases, it is also essential to talk to a financial adviser about how we might fund the costs of home care. Some self-financing options are quite straightforward, while others are much more complicated. A qualified adviser will be able to explain all the costs and risks involved with each recommendation. They can also help you appoint someone who is legally able to make decisions about your care if you become unable to make decisions yourself.

"It is not an easy topic to talk about," says Müdd. "Nonetheless it is vital that people engage in discussions about care before the need arises, so that they are supported to manage their conditions at home if that is their wish."

#### More information

Should you wish to discuss any of the detail contained in this article or any other financial issue, please do not hesitate to get in touch - Pardeep Singh Narwal, Partner - St. James's Place Wealth Management on 0116 242 6 777 for a no obligation meeting. Please note our office has moved from the Old Vicarage on the High Street to Suite 3, 73 High Street, Syston.

#### **Reference**s

- <sup>1</sup> Alzheimer's Society Dementia Update, 2015: https://www.alzheimers.org.uk/site/scripts/download\_info.php?downloadID=1677
- <sup>2</sup> (as above, p.32)
- <sup>3</sup> OnePoll, 2014

# Club Patrons, Salusbury, Harding & Barlow offer guidance on:

#### PROPERTY BUYING AND SELLING

Firstly we would like to say a big thank you to the Club for welcoming us as a Patron and hosting 3 very successful social evenings for us this year. We enjoyed a pub games evening, quizzes, great food and even had time to learn to bowl and compete against local financial advisors, Furnley House.

Buying or selling a property is likely to be the most important legal transaction that most of us will ever complete.

Some commentators suggest that the process is too slow and complicated. However, there is often good reason to have to go through a detailed and careful process of information gathering and advice. It would perhaps be worrying if buying a house was as simple as popping out to the supermarket or making a few clicks online.

The task of a good property solicitor is to take responsibility for the legal detail and the careful gathering of information. Then to advise clients, in simple language, on what they need to know.

At Salusbury Harding & Barlow we have 7 very experienced lawyers who for many years have specialised in assisting clients buy and sell their homes. Additionally, we can advise on many other property related matters including:

Renting a property; Shared ownership; Gifting property to a relative; Cohabitation; Boundary disputes; Commercial property and Foreign Property.

<sup>&</sup>lt;sup>4</sup> Quality of life in dementia patients: nursing home versus home care, Nikmat, Hawthorne, Al-Mashoor, 2011

We have been helping people in Leicestershire and beyond for more than 150 years and as a Club Patron we are committed to building new client relationships and maintaining existing relationships that often span many generations of homeowners.

Do not hesitate to contact us for an informal no obligation chat about how we might be able to help you, your friends or family. Please call one of us on 0116 262 6052 or

Email: smccallister@shbsolicitors.co.uk

Colin, Sandra, Ian, Steve, Sylvia, Janice & Debbie - Salusbury Harding & Barlow

### WINTER INDOOR ROLL-UPS



For Members who wish to continue bowling over the winter months, as in previous years, I will be booking rinks for each Monday session starting at 11.50 a.m. If you wish to participate, please arrive in good time, preferably before 11.30 a.m., to enable me to pick the teams and for the green fees to be paid. If you or any of your friends wish to participate, they will be made very welcome. Hopefully, this will encourage them to join our Club in the Season to come. Please do not hesitate to contact me if you require any help or further information. **Tel:** 01509 732 688

John Lamble

## **CLUB WINTER DIARY**

#### **NOVEMBER**

14 <sup>th</sup>	Melton Indoor Roll-up	11.20 a.m. start
16 <sup>th</sup>	Pub Quiz and Social	2.00 p.m. start
19 <sup>th</sup>	Quiz Night	
	Faggots, Sausage, peas, c	rusty bread
	£4 at the door	7.00 p.m. start
<b>21</b> <sup>st</sup>	Melton Indoor Roll-up	11.20 a.m. start
23 <sup>rd</sup>	Pub Quiz and Social	2.00 p.m. start
26 <sup>th</sup>	Warren Indoor Triples	
	v Melton IBC	
	Rinks 5-8	6.30 p.m. start
28 <sup>th</sup>	Melton Indoor Roll-up	11.20 a.m. start
30 <sup>th</sup>	Pub Quiz and Social	2.00 p.m. start

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DECEMBER			
3 <sup>rd</sup>	Syston Xmas Fayre		
	Club hosts Mayoral VIPs	12.30 p.m. start	
	Warren Indoor Triples		
	v Melton Bowlers		
	Rinks 1-4	6.30 p.m. start	
5 <sup>th</sup>	Melton Indoor Roll-up	11.20 a.m. start	
6 <sup>th</sup>	Board meeting	10.00 a.m. start	
<b>7</b> <sup>th</sup>	Pub Quiz and Social	2.00 p.m. start	
9 <sup>th</sup>	Ladies' Committee	10.00 a.m.start	
10 <sup>th</sup>	Coffee Morning	10.30 a.m. start	
	Games & Light Music		
	with Mike Foster		
	Hot food and desserts		
	£5 on the door	7.00 p.m. start	
12 <sup>th</sup>	Melton Indoor Roll-up	11.20 a.m. start	

# LADIES' COMPETITIONS 2016

**4-Wood Singles Champion**Kate Toon *r/u* Marilyn Wood **2 Wood Singles Champion**Kate Toon *r/u* Maureen Page



# Maidens Championship

Maureen Page *r/u* Hazel Rayns **2 Wood Pairs** 

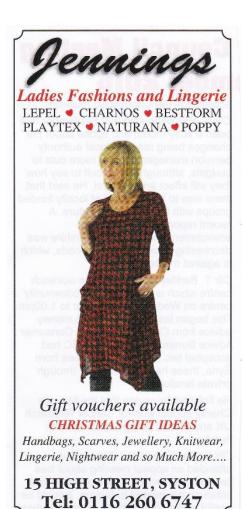
Marilyn Wood & Bev Wright r/u Jan Holmes & Margaret Abbott 4 Wood Pairs

Maureen Page & Pauline Wright r/u Kate Williams & Sheila Aindow

Congratulations to them all

Weekly Wednesday afternoon Pub Quiz and social afternoon 2.00 - 4.30 p.m. "Open House" - Everybody welcome!

Regular Close Season Clubhouse evening social programme. "Open House" – Everybody welcome. For further details of any of the social events, contact Hazel Renshaw: Tel: 0116 2606 743



#### SALUSBURY HARDING & BARLOW

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Meet us at our offices in the centre of Leicester (not far from Richard III) or we are happy to visit you at home or at work in and around Syston.

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Call Lisa Bacon or Ian Hilton-Tapp on 0116 262 6052 e-mail: iht@shbsolicitors.co.uk

We are grateful for the active support of all of our growing list of Patrons, especially those regularly featured in this Newsletter.

For full details of Patron benefits and costs, please contact Colin Grimes on 0116 2608 412.

In return for their generous financial support for our Club, Members are urged to consider these companies first when considering the purchase of goods and services.

# Wealth management advice to achieve your financial targets



Proud to support Syston Bowling Club

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance tax planning

For further details, contact Pardeep Singh Narwal on:

**Tel:** 011 242 67776

Email: pardeep.narwal@sjpp.co.uk Web site: www.pardeepnarwal.co.uk Suite 3, Elizabeth House, 73 High Street,

Syston, Leicester LE7 1GQ.

# CHRIS MEYNELL & FAMILY

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#### **EDITORIAL COPY DEADLINES**

All copy for the December/January combined Christmas/New Year edition should be sent to Colin Grimes (<u>systonbowling@btinternet.com</u>) by no later than **Friday 2**<sup>nd</sup> **December.** 

#### **ENDPIECE APPEAL**

We are still looking for help in the production of this Newsletter

Publication in the months ahead assumes an even greater importance than usual because it will be the channel of communication to the full membership for all changes being considered by the Board as we move towards the eventual goal of full unification. Without the Newsletter, you will remain very much "in the dark".

This edition once again demonstrates that all likely needs of the publication can be handled using nothing more "complicated and challenging" than Microsoft Word. In the first instance, anyone interested will be offered the opportunity to work side by side with Colin Grimes rather than being expected to assume full responsibility for the start.

When material is submitted to the Editor by email, the Newsletter can be put together using simple "cut and paste" methods. Photographs and pictures can either be placed directly on the page or be imported using your scanner. It really is a relatively simple process.

This month's edition has again been printed in black and white (greyscale) to demonstrate that colour production is not absolutely necessary.

#### SYSTON BOWLING CLUB

All communications should be addressed to The Chairman, Board of Directors
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Telephone: 0116 2698 923 email: systonbowling@btinternet.com