

#### FEBRUARY

- 14th Coffee Mornina
- 21st Roy's Race Night. £1 entry. Cobs available @£1

#### MARCH

**CLUB CABARET NIGHT - Craig** 8th Douglas and Jackie Lee - £8.50 14th Coffee Morning

- SBC Annual General Meeting 16th
- Stand up Bingo and Quiz Faith 21st Supper

RAFFLE prizes are invited for all of the above social events.

#### SPECIAL NOTE:

Indoor roll-up at the Melton Club every Monday throughout the Close Season starting at 1145 hrs. Please turn up by no later than 1130hrs to enable draw for rinks to be made.

## Council consultation

#### Members urged to get involved

IN RESPONSE to a number of serious or until peppers are soft. objections to their original plans to site a Cut bread into  $\frac{1}{2}$  slices. Cut the garlic in multi-purpose sports area for young people in half and rub over the bread. Place bread Central Park, the Town Council has now on a baking try and heat for 10 minutes. decided to undertake a public consultation turning halfway through, until golden and exercise.

implications for the Club, all Members are to cool before blending, in a food urged to take the opportunity to participate in processor, until smooth. Strain liquid into the consultation process and make their a saucepan through a large sieve, to individual views known.

The official closing date for registering season to taste. comments was Friday 13th February, but a Heat the soup gently until piping hot. In a degree of flexibility is expected. It is therefore small bowl, beat together the fromage frais not too late to participate in the consultative and the Worcestershire sauce. process.

Further details of the scheme can be found on a the main Club noticeboard.

# Committee change

FOLLOWING the resignation of Andy Blake, the Men's Executive Committee are pleased to be able to confirm that Noel Evatt has agreed to be co-opted as Competitions Secretary for the coming year.

Recipe of the month

Anita Lowder suggests a warming dish suited to the season

### Roast red pepper, tomato and onion soup

Inaredients

2 large red peppers (de-seeded & chopped)

**1 red onion** (peeled & chopped) 12 oz tomatoes (halved) 1 small crusty French loaf 1 clove garlic (peeled) 1 pint vegetable stock 1 tsp Worcestershire sauce 4 tbsp half-fat fromage frais Salt, black pepper, spray oil

#### Method

Pre-heat oven to 190° (Gas mark 5). Spray roasting tin with oil. Place peppers & onion in base. Cook for 10 minutes. Add tomatoes and cook for a further 20 minutes

crisp.

Since their final decision could have Remove vegetables from oven and allow remove seeds and skin. Add stock and

Pour the soup into warmed bowls and swirl spoonful of the

fromage frais/Worcestershire sauce mix into each bowl.

Serve immediately with the garlic toasts.

If you have a favourite dish/recipe, why not let us into your secret?

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Official Newsletter of the Syston Bowling Club

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## Annual General Meeting of the Club

#### The process explained

IT IS VITAL that as many Members as possible should attend the Club AGM, scheduled for Monday, 16th March (starting at 7.00 p.m.). This meeting gives everyone the opportunity understand and to express an opinion on the way in which the Club has been run over the past year by the elected Board. The meeting also affords Members the opportunity to raise questions and to express any concerns they may have and to make suggestions and proposals for future policies that the Board might follow to improve the Club and its services to Members.

responsibility of taking the Club forward during the next 12 months. Nominations for the 9 vacancies can be made any time up to Monday 16th February. Forms are available from Colin Grimes, current All Members are reminded that the Chairman of the Board.

Each Member is entitled to receive a copy of the audited accounts together with advance of the meeting to enable each

Most important, Members will elect nine one to consider the implications, to identify people as Directors charged with the any queries and to decide on how to vote on each of the agenda items. Although costly, this policy this lies at the democratic heart of the Club.

#### **Confidentiality**

accounts and other details of the AGM are strictly confidential to Members only and should not be divulged to or discussed details of all other formal business to be with non-members. The full co-operation discussed at the AGM up to 21 days in | of all Members in observing this rule is required.

## The Club and licensing law Members' responsibilities defined

**MEMBERS** are reminded that, as a condition of our licence to sell alcohol, it is necessary that every non-member visitor to the Club should be signed in by a Member.

Visiting teams and Members of other Clubs which are formally affiliated to County or National Associations, are exempt from this requirement but all other visitors must comply - whether or not they have bought tickets to attend a particular event.

There is no limit to the number of visitors that a Member can sign-in on any occasion. Visitors who have been properly registered are permitted to buy drinks at the bar.

There is no limit on the number of times that a non-member can be introduced and signed-in as a visitor.

The Visitors' Book can be found next to the Diary on the shelf under the main noticeboard on the right hand side as you enter the Clubhouse.

The co-operation of all Members to ensure full compliance with this regulation is essential if our licence is not to be threatened.

Your views, opinions, news and any other material of interest to Members would be welcomed for publication in future editions. Please send to George Dodge, as Editor, by the first Monday in every month



**MAY I START** by wishing you all a belated but sincere healthy and happy 2009. As many of you are already aware, we had quite a shock to start the new year with **Rob** having a stroke on 5th January but thanks to the prompt action of the

paramedics, which followed calling 999, and the subsequent expert care and treatment of the Stroke Unit at Leicester General Hospital, he has now made a complete recovery. On his behalf, I would like to thank you all for your get-well cards and good wishes we received.

On Wednesday 11<sup>th</sup> January, the Ladies had their first luncheon of the year and by all accounts, this went very well. I would like to thank *Kate* for stepping in at the last minute to help with the catering. The next luncheon will be on Wednesday 11th February. **6.** 

It is with much regret that we have to mention the death of *Dorothy Draycott* on January 10th. Over the years, she was a very supportive member of the Ladies' Club, being President in 1984 and also holding the post as Captain for many years. Latterly, she really enjoyed the luncheon get-togethers. She will be sadly missed.

We wish *Marjorie* a speedy recovery following her recent accident whilst attending a meeting in Melton.

Finally, for those who have not seen it, we had excellent coverage, with photograph, in *Syston Town News*, of the presentation to the Syston Medical Centre of the cheque for £1100 - the proceeds of Past President, *Anita's* Charity Appeal last year.

# Words of wisdom?

I was married by a judge. I should have asked for a jury.

#### Groucho Marx

I don't feel old. I don't feel anything until noon. Then it's time for my nap. **Bob Hope** 

### REMINDER

For cheap holidays on **Madeira** at any time of the year, contact **Colin Grimes** (2608412)

### Des sez ....

Club & County Coach, Des Eggitt, draws attention to the role of etiquette in the game

**THE START** of a new Season seems a good time to remind everyone about the etiquette of our great sport - where we rarely find evidence of gamesmanship and un-sportsmanlike behaviour. Breaches, where they do occur, are usually the result of ignorance of the protocol involved.

- 1. Check that you know and comply with the correct dress for the occasion.
- 2. Make sure that you know the starting time of the game and arrive in sufficient time to change and be on the green accordingly.
- 3. In a team game, be there to welcome your guests.
- 4. Enter and leave the green by the steps when they are provided.
- 5. Do not drop your bowls onto the green.
- 6. Shake hands with your opponent(s) before and after the game.
- 7. Do not sit on the steps or the bank.
- 8. Do not drop litter in the ditches. Use the receptacles provided.
- Stand still and be quiet while your opponent is about to play.
- **10.** Do not infringe the laws of rink possession.
- **11.** Wait until the result of the end has been decided before breaking up the head.
- **12.** If you are responsible for keeping score, compare your card with that of your opponents at regular intervals.
- **13.** Unless you have been delegated to decide the shots at the completion of an end, do not interfere in any way with this process.
- **14.** If an umpire has been called, stay clear of the head until a decision has been made.
- **15.** If you have lost the game, remember to congratulate your opponent.
- **16.** Never be heard to criticise the green or your opponent.
- 17. Acknowledge any "fluke" and commend an opponent's good bowl.
- **18.** Do not run on the green.
- By courtesy of English Bowls Coaching Scheme

### Cobras get Charity vote Men's President announces 2009 selection

*WITH THE* full support and backing of the Men's Executive Committee, I am pleased to confirm *Leicester Cobras Wheelchair* 



Basketball Team as my chosen charity for the year. It is our belief that this cause has the merits of being local and involving young, disabled people in sport. The impact of

our Club's support for such an organisation will, I am sure, be much more visible and effective than a similar donation given to a larger, more established organisation.

I urge your full support throughout the year.

Support for the disabled basketball players will complement the Club's ongoing work with the **Syston Project** youngsters with whom we set up a link towards the end of last Season and whom we have continued to help with indoor coaching, at Melton, every two weeks throughout the Winter. Thanks are due to Club Coach, **Des Eggitt**, for his unstinting commitment to this important community service.

# Ratcliffe regret and re-think

**RATCLIFFE** College have informed us, with regret, that they are unable to fulfil their offer to provide classes in Watercolour painting this

year. They have explained that a commitment, by the Art Department, to produce, in collaboration with their Sixth Form students, a fashion show in aid of **Help the Aged**, is taking up all of their available resources.

However, the College is anxious and willing to retain strong links with the Club and is prepared and able to offer to repeat the computer familiarisation programme that Members enjoyed so much last year. (At this stage, they are also planning to identify students interested in bowling to participate, once again, in coaching sessions later in the Spring/Summer Terms.)

On behalf of the College, *Graham Sharp* has offered sincere apologies for this late notice of a change in the College's offer and has expressed the hope that links between the College and Club will not be seriously affected. Anyone wishing to enrol (or re-enrol) for computer familiarisation tutorials, should complete the revised notice which has now been posted in the clubhouse.

#### Remember

The Club's own web site www.systonbowlingclub.org is now fully operational for Diary, Fixtures, Results, Press Releases, Newsletters and other Club details

### Gardening Group proposed George Dodge seeks to gauge support for new interest group

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**WE HAVE** had such a miserable cold spell of weather recently that any plans for tackling jobs in the garden and eventually enjoying the fruits of our labours still seem far away. However, various bulbs are already beginning to show through the soil and more tender plants that have been kept warm in greenhouses, conservatories, etc are now beginning to sprout new leaves ready for cuttings to be taken.

So, with a new gardening year just around the corner, would any members be interested in making up a group of like-minded people who love gardens and flowers and vegetables, window boxes and even house plants to meet up, say once month, to exchange ideas and tips, cuttings and half-used seed packets, etc.?

Garden novices would be just as welcome as the more experienced - and friends could also be invited. If a group was formed, we could maybe visit some of the many beautiful gardens in the area that are open to the public. If anyone is interested, please meet at the clubhouse on 17th February at 7.00pm. (or, if unavailable for that date, make your interest known directly to George.)