

DECEMBER

10th Coffee Mornina Indoor "roll-up" - Melton Bowling 12th Club (See below for details) Ladies' Christmas Party - Faith lunch 14th Indoor "roll-up" - Melton Bowling 19th Club (See below for details) Pub Quiz & Social Afternoon 21st 2.00 p.m. - 4.30 p.m.

JANUARY

- 1st Happy New Year! 2nd Indoor "roll-up" - Melton Bowling Club (See below for details)
- 4th Pub Quiz & Social afternoon 2.00 p.m. To 4.30 p.m.
- 7th New Year Party 7.00 p.m. Start Faith supper. £2 at door. Raffle Indoor "roll-up" - Melton Bowling 9th
- Club (See below for details) 11th Pub Quiz & Social afternoon
- 2.00 p.m. To 4.30 p.m. 14th Coffee Mornina

Colour key: Men: Ladies: Mixed: SBC

SPECIAL NOTES:

SEPTEMBER - APRIL

Indoor roll-up at the Melton Club every Monday throughout the Close Season starting at 1140 hours. Those interested, please turn up in good time to allow for rink selection. Everyone welcome.

For further details. contact John Lamble. Tel: 0116 292 1619

Ladies' monthly luncheon - Usually held on the 3rd Wednesday in the month.

Weekly Wednesday afternoon Pub Quiz and social 2.00-4.30 p.m. (except for 3rd Wednesday in the month) "Open House" -Everybody welcome! Bring a friend.

Fortnightly Close Season Clubhouse evening social programme. "Open House" - Everybody I would also like to thank the ladies for their is welcome.

Advance booking for Sunday evening events is strongly recommended because we limit ticket numbers.

For further details of any of the social events - or if you need transport to and from the Clubhouse, contact Anita Lowder Tel: 0116 260 6921



PRESIDENT George Dodge presents a cheque for £600 to Anand Bahat, representing VISTA, the charity providing services for those suffering from visual impairment, which was one of the President's nominated charities for 2010/11. The event was part of the Men's Presentation Night held on Saturdaty 5th November

Green Ranger's



The green has required a additional of

expenditure this year,

over and above the basic contract price and I must thank my Board colleagues for their full backing as we try to bring the playing surface up to standard.

wonderful gift of a M&S voucher. Thank you very much. Greatly appreciated.

I do hope that everyone can look forward to happy and successful bowling next Season and would like to wish every one in the Club a very merry Christmas and a happy New Year.

SYSTON BOWLING CLUB Clubhouse Telephone: 0116 269 2105 All communications to The Chairman: Mr Colin Grimes, 8 Quenby Crescent, SYSTON, Leics LE7 2BW Telephone: 0116 2608 412 email:



Official Newsletter of the Syston Bowling Club

No. 69 December 2011 - January 2012

Meet your newly elected Presidents



All the best!

wish everyone a very happy Christmas and a healthy New Year.

I hope all the ladies enjoy their Christmas Party on 14th December, a faith lunch which I shall unfortunately miss as I will be on holiday.

will raise a toast to you all as I am sunning many previous post holders and undertook myself in Costa Rica.

the first Ladies' Lunch in the New Year and backing of a strong Committee he scheduled for 11th January.

We have already arranged two Charity with pride. events for next year raising money for Rainbows. The first, on 24th March, will feature the Matt Palmer Jazz Quartet. Watch the Club noticeboards for further details in due the year for which over £500 had already course.

The second is a fete on 6th May at Lodge *My Kinda Town*" calendar. Farm, Hungarton, by courtesy of *Margaret* Finally, he wished all Members every Baker. We will be asking for items for stalls success with their bowling throughout the early in the new year, so get your thinking caps on!



inauguration at the Men's AGM held on 4th December, Bob Dunlop thanked Members for the honour and privilege which had been bestowed on him and offered special thanks to the retiring President, George Dodge,

his

Nevertheless. I will be thinking of you all and for a job well done. He was aware of the to do his utmost to maintain the very high I therefore look forward to seeing you all at standards that they had set. With the help promised to endeavour to carry out his duties

> He reminded the meeting of the joint decision, taken with the Ladies' President, to nominate Rainbows as the Club Charity for been raised from the sale of the "Syston -

> 2012 Season.

www.systonbowlingclub.org for Diary, Fixtures, Results, Honours Boards, Press

Sheila Parker | Releases, Newsletters, photos and other Club details



healthy, happy and prosperous New Year in 2012



Your views, opinions, news and any other material of interest to Members would be welcomed for publication in future editions. Please send to George Dodge, as Editor, by the first Monday in everv month



report THE green is looking in



THE CLUB was honoured by a visit from the Deputy Mayor of Charnwood Clir Diane Wise and her husband, accompanied by the Chairman of Syston Town Council. Howard Midgelv. Chairman of the Amenities Committee, STC, Janet Midgely, Vice-Chairman STC Clir Josie Branston and Clir Rita Gray during the Town Council Christmas Fair on Saturday 3rd December. Thank you to all Members, their wives and others who helped to serve hot soup, cobs, teas and coffees throughout the day.

Club PR reaches national press

THE publication of the joint Presidents' Charity calendar - "Svston - Mv kinda town" was featured in the December edition of "Nationwide Bowler".

Members should also look out for regular articles about the Club which feature in "Syston Town News" and other local newspapers and magazines including, in December "Country Life - La Vie "- another well respected national periodical, which carried the feature of the Club's successful participation in the Syston Carnival.

Thanks are due to Club Chairman and Men's Section PRO Officer, Colin Grimes, who, as well as producing the monthly copies of this Newsletter, also issues regular Press Releases to a wide range of newspapers, magazines, TV and radio. Copies of all Press Releases, together with photographs, can be read and downloaded from the Club web site.

"Ding dong merrily on high"

Another great night at "The Theatre on the Green"

SUNDAY20th November saw a full house of Members and quests at the latest of Club Sunday Cabarets.

The Martins. a trio of talented musicians playing popular 60s and 70s hits, accompanied by a strong line of comic patter in between numbers, got the occasion off to a great, foot tapping start in an opening set lasting 45 minutes.

They were followed by solo artiste, Robin Good, an all-round entertainer, based in Chesterfield, who is well known on the cruise liner and Club circuits. A very impressive voice, covering a range of wellknown singers and popular songs of the 60s and 70s, was supplemented by an impressive demonstration of a prodigious musical talent, accompanying himself on the saxaphone, flute, mandolin, guitar and accordian! Rob, too, had a great line of comedy between numbers which kept his audience fully involved and entertained.

Robin's 45 minute set was followed by a further session of The Martins which kept the audience very happily entertained until the close.

By common consent, the evening was a great success and well worth every penny of the £8.50 ticket price.

Editor's footnote: Sunday Cabaret programmes were launched by the late lamented Brian Adams, who had close links with the showbiz world. Brian was able to persuade recognised quality performers to appear at the Club at affordable prices, in spite of the relatively small audience numbers involved. Sadly, those contacts are now largely lost to us .

Of course, the promotion of such events does involve the Club in a measure of risk. Up to £600 might have to be pledged to secure the booking of a quality act. This places on the Board a heavy responsibility to sell enough tickets to cover the cost while being constrained by the amount a maximum of 65 Members would be prepared to pay for the pleasure. Bearing in mind the current "fragile" state of Club finances, the Board has decided that such a risk can no longer be justified - especially when, with much less effort and no risk, we can successfully run and make money from such events as a Games Night. The November Cabaret event is therefore likely to be the last in the series - unless Club finances improve and/or we can reduce the financial risks.



The Club Coach column

This month's topic for County and Club Coach Des Eggitt is "Consistency"

The quality of consistency is probably the most elusive in the game of bowls. Most of us have experienced the frustration of having an excellent game on Monday only to be followed by a disastrous performance on Tuesday!

In trying to analyse and rationalise exactly what went wrong, it is probably too simplistic to say that it was "just not my day" because there must be reasons and relevant factors for both the good and the poor game.

Your aim must be to develop your skills to such a degree that confidence and concentration flow guite easily into consistency of performance.

Of course, the cardinal rule must be to recognise that purposeful and regular practice hold the key to a consistently high level of performance. Unfortunately, the standard Club player is restricted in the amount of time he/she has available for practice - either alone or in roll-ups with other players. But never forget the vital role that roll ups can play in developing a consistency of delivery action and resultant confidence.

The bowler must have absolute faith and confidence in the delivery action being employed. One small error in delivery can be magnified several times by the time the bowl has come to rest.

It is important to emphasise that the whole body is involved in the delivery action. Therefore, all movement must be controlled and co-ordinated as you move to deliver a wood that will achieve the best possible result.

49 Club update

LATEST lucky winners are: Pete Hancock. (Three times!), Gary Jones, George Dodge, Margaret Porter, Alan Collins, Marjorie Clowes and Sheila Aindhow

There is no substitute for regular repetition and practice - combined with deliberate analvsis to identify any deficiencies in the delivery action which contribute to an unsatisfactory result.

In summary, repetition and concentration bring about consistency.

If you have any particular problems on which you would appreciate the advice of our Club Coach, please do not hesitate to contact him at any time.



RETIRING President, George Dodge, presents a framed certificate to Life Member and Club Secretary, Rob Wilbourn at the 11.45am, when we will be having Christmas Men's AGM held on 5th December.





THE latest Garden Group outing was to Rockingham Castle to see their Victorian Christmas celebration. We stopped for lunch at the White House, in Scraptoft,

Christine Dodge which proved to be a very good venue and well worth visiting again in the future. We arrived at Rockingham early in the afternoon and were given an interesting tour round the rooms by guides dressed in Victorian costume. The main rooms had log fires burning in the grates and were decorated with Christmas trees and garlands and decorations in the Victorian style. Before making our way back home, some of us had tea in the tea room which had a variety of sandwiches and delicious cakes and scones. Everyone seemed to have an enjoyable day. The next time we meet will be at the Clubhouse on Friday, 16th December, at lunch at the Soar Bridge at Barrow on Soar.

Your Committees for 2012

BOARD OF DIRECTORS

Chairman/Company Secretary: Colin Grimes Telephone: 2608412 Admin.Director: Val Foreman; Compliance Director: Kate Toon; Green Ranger: Roger Bentley; Facilities Director: Marjorie Clowes; Premises Director: George Dodge; Social Director: Anita Lowder; Finance Director: Rolf Meyer; Bar Director: Pete Murray

LADIES' SECTION

President: Sheila Parker Telephone: 01664 424491 Senior Vice-President: Kate Toon Telephone: 2600582 Junior Vice President: Hazel Rayns Telephone: 01664 840280 Immediate Past President: Chris Biddles Telephone: 2609061 Hon Secretary: Val Foreman Telephone: 2609635

Captain: Janice Wilbourn Telephone: 01664 424813 Vice-Captain/Match Secretary: Kate Williams Telephone: 2604477 Friday League Captain/Competitions Secretary: Margaret Abbott Telephone: 2412125

6

Committee Members: Sheila Aindhow Telephone:2693108 Barbara Brown Telephone: 2694330

MEN'S SECTION

President/Welfare Officer: Bob Dunlop Telephone: 260039 Vice President: Stan Page Telephone: 2600446 Hon Secretary: Rob Wilbourn Telephone: 01664 424813 Hon Treasurer: Brian Arnold Telephone: 2606431

Captain: Myles Clare Telephone: 2600113 Vice Captains: Don Creasey Telephone: 260352 Ken Renshaw Telephone: 2606743 Mid-week Captain: George Stone Telephone: 2695810 Competitions Secretary: Gary Kilbourne Telephone: 2607922 Assistant Secretary/PRO: Colin Grimes Telephone: 2608412 E: 2606431 Fixture Secretary: George Dodge Telephone: 2698923 Loughborough League Captain: Pete Murray Telephone: 2608679 Melton League Captain: Dave Hudson Telephone: 2600582 Catering Manager: Vacancy Telephone: LLBA Delegates: George Dodge & Rob Wilbourn

CLUBHOUSE TELEPHONE 2692105

Members owe a deep debt of gratitude to all of the above volunteers without whose efforts the Club could not survive. PLEASE GIVE THEM YOUR FULL SUPPORT



A new alphabet for the ageing

Ring any bells?

A is for apple, and B is for boat, That used to be right, but now it won't float! "Age before beauty," is what we once said, But let's be a bit more realistic instead. Now a new alphabet for the ageing: A's for arthritis; B's the bad back, C's the chest pains, perhaps car-di-ac? **D** is for dental decay and decline, E is for eyesight, can't read that top line! **F** is for fissures and fluid retention. **G** is for gas which I'd rather not mention. H for high blood pressure - I'd rather it low; I for incisions with scars you can't show. J is for joints, out of socket, won't mend, K is for knees that crack when they bend. L's for libido, what happened to sex? **M** is for memory, I forget what comes next. N is neuralgia, in nerves way down low;

> An alternative New Year's blessing!



May the fleas of a thousand camels infest the crotch of the person who screws up your day and may their arms be too short to scratch! O is for osteo, bones that don't grow!
P for prescriptions, I have quite a few, Just give me a pill and I'll be good as new!
Q is for queasy - Is it fatal or flu?
R is for reflux - one meal turns to two.
S is for sleepless nights, counting my fears.
T is for tinnitus - bells in my ears!
U is for urinary - troubles with flow;
V for vertigo, that's 'dizzy,' you know.
W for worry, now what's going 'round?
X is for Z ray, and what might be found.
Y - another year I'm left here behind,
Z is for zest I still have-- *in my mind*!
I've survived all the symptoms, my body's deployed,

And I'm keeping twenty-six doctors fully employed!

HAVE A GREAT DAY !

Not in this Club surely?

Members of this Club do not need a physical fitness programme. Everyone gets enough exercise already by jumping to conclusions, flying off the handle, running down the Committees, dodging responsibility and pushing their luck

Men's AGM Minutes & audited accounts

COPIES of the Minutes of the Men's AGM held on 5th December are now available. If you would like a copy of the Minutes, together with a copy of the audited accounts, please ask the Secretary, **Rob Wilbourn**.

Members are reminded that the contents of the Minutes and accounts remain confidential within the membership of the Club. A serious view will be taken of any proven breach of this regulation.



Men's Presentation Night Champions honoured



4-Wood Singles Runner-up Myles Clare



(4-Wood Singles) Dave Anderton



2-Wood Singles Champion Tom Jordan



4-Wood Pairs Winners Gerry Kennel & Bob Dunlop



Mixed Pairs Winners Margaret Abbott & Ken Renshaw



2-Wood Pairs Winners Stan Page & Myles Clare

Winners Pete Murray, Gerry Kennell & Noel Evatt

Prizes presented by Chris Dodge



Maidens Winner Rolf Meyeľ



"Syston Town News" Mixed Pairs Winners Ken Renshaw & Chris Biddles

Ladies' Presentation lunch Beedles Lake Golf Club,



Kate Williams was the winner of both the 2-Wood Singles Championship and the Maiden's Trophy

Ladies' President, *Chris Biddles* made the presentations. 4-Wood Singles Champion, *Josie Hubbard* was unfortunately unable to be present

5

NOTE All photos featured in the Newsletter can be downloaded from the Club web site



Winners of the 2-Wood Pairs Competition: Janice Wilbourn and Marilyn Wood



4-Wood Pairs Champions: Anita Lowder & Hazel Rayns

Congratulations! to all these worthy winners and commiserations to those who were not successful this year.

Dates for Ladies' calendar

DATES agreed at the last Committee Meeting as follows:

Ladies lunches:

Wednesday 11th January Wednesday 8th February Ladies' Committee Meeting: Tuesday 7th February

Thursford Christmas Show excursion

EARLY reports signal a highly successful
Club excursion to the Annual Thursford
Christmas Show.
A comfortable journey, fine meal and won-
derful Show, by all accounts.
A full report will appear in the next edition of
the Newsletter.
Thanks are due to Janice Wibourm for
organising the event