

the **SYSTON GREEN**

Official Newsletter of the Syston Bowling Club

September 2022

FROM THE PRESIDENT

Competitions are now coming to an end .and can I say it's great to see a vast improvement to a lot of players this year .

Loughborough triples, white plums div3

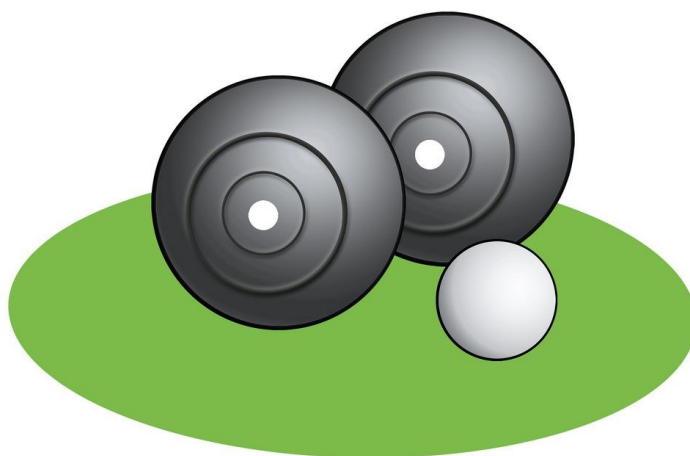
Well done to the Monday team captain Dave Hudson and players for winning the league finishing with a 8 point win on the last game ,well done lads . Looking forward to the next level .

I hope you have all enjoyed this season and looking back to previous events with Covid I have enjoyed being back to meeting all my fellow Bowlers home and away having the normal banter and catching up .

There's still a lot to look forward to before the end of the season .

Keep an eye on the Notice Board for future events .

Derek Renshaw President.



Editorial copy deadlines

All copy for the October edition should be sent to George Dodge by no later than Friday 30th September.

Copy should be sent to george.dodge1940@outlook.com

Please, please, please supply your match reports, scores, stories, recipes and anything else which you would to share.

SYSTON BOWLING CLUB

All communications should be addressed to The Chairman, Board of Directors

“WHAT’S GOING ON?”

A flavour of issues currently engaging the attention of the Board and Management Committee

Club financial management

In the absence of any volunteer to cover the vacant role of Finance Director, the Board has been obliged to make temporary – and unsatisfactory – arrangements to ensure the continued smooth operation of our financial affairs. To cover the period up to the Club AGM in October, the duties are being shared among four Board Members each of whom already has other responsibilities..

During the playing Season, weekly receipts from the Bar, matchday teas and raffles and monthly coffee mornings need to be collected, recorded and banked.

During the rest of the year, membership and sponsorship subscriptions, competition entry fees, income from social events and sales of shirts and library books are taken into account.

The total income over the course of a year is around £30,000 with a similar amount expended on running the Club. Most items of expenditure are dealt with by Bank transfers and Direct Debits.

The postholder is required to help the Board set a budget for the year ahead and to present to the Board a monthly report on budgetary performance.

In spite of the job title, the post does not require any special qualifications or skill – other than the ability to count, of course! Most Members are already familiar with internet banking and have access to a computer on which to operate simple ExCel spreadsheets. Anyone taking up the role will be given full support/training to carry out the simple recording and reporting tasks involved.

It is essential that we find a volunteer to take up office at the AGM scheduled for Friday 7th October. COULD THIS BE YOU?

AGM elections

Under Club rules, every year, all members of the Board and Management Committee have to resign with the option of offering themselves for re-election for another year. In this way, some serving members have been in post for several years. As a general principle, built around a small core of experience, it is a good idea to have a steady annual turnover, filling posts with “new blood”, helping to bring fresh ideas to the table and keeping the Club vibrant and dynamic.

Getting involved is not “rocket science”. As a general rule, the duties and responsibilities are not especially time-consuming or challenging in nature. Attendance at and presenting a report to a monthly meeting are the major time-consuming tasks. More specific duties applicable to each post are fully described in the Membership Handbook (*pages 11 – 18*).

To qualify for nomination, you do not need to have been in membership for a long time. Some very impressive contributions to Club development in the past have been made by relatively new Members. **All** posts are open to **all** Members.

This is an appeal to everyone. If you feel that you would like to help your Club grow and develop and operate smoothly in the interests of all Members, please contact either Club Chairman, Pete Murray, Club President, Derek Renshaw, Admin Director, Val Foreman, or Club Secretary, Derek Burdon, to discuss your area of interest and the possibilities offered at the AGM.

Without the active support of committed Members, the Club may easily wither and die. PLEASE DO NOT LET THIS HAPPEN!



Fixture commitments

In the current Season, as Clubs emerge from restrictions, it is clear that there is a general struggle to sustain the pattern of fixture commitments of pre-COVID Seasons. In spite of our membership continuing to achieving modest growth, our Captains have all struggled to field full-strength teams. Other Clubs are clearly having similar problems and the list of cancellations notified are at an all-time high.

The Management Committee are therefore to conduct a serious analysis of our current fixture commitments to explore all of the possible options before approaching other Clubs to establish a manageable fixture list for 2023.

Fixtures Secretary, Dave Anderton, would warmly welcome any views which you might have on the problem.

Club Patrons

Club Patrons are selected because they provide services (*often at discounted rates*) which are relevant to our membership. The income derived from their association with the Club helps to keep our membership subscriptions at a reasonable level.

For the start of the 2023 Season, we are seeking to replace 4 existing Patrons who have given notice of their intention not to renew. These companies cover financial/wealth management, garden design, chiropody and Ladies' fashions.

If you know of any company which might benefit from closer links with the Club in these or other relevant service areas (*travel, energy, fashion, sports goods, pets, food and drink, painting and decorating, plumbing etc*) please pass on details to Club Development Director, Colin Grimes, who will be happy to follow-up on your recommendation.

Strategic development

The Board and Management Committee are undertaking a thorough review of operations in order to secure the future successful growth and development of the Club. Contributions to their discussions are invited from **all** Members.

If you have any ideas about future ways to improve efficiency, enhance membership services, save money and/or increase revenue please do not hesitate to make your views known to any Member of the Board or Management Committee.

Winter Social events

Plans for an attractive programme of social events over the winter months are at an advanced stage. They are always very enjoyable, fun events, helping you to keep in touch with fellow members and friends during the close Season – and revenues do help to keep membership costs down. Family and friends are warmly welcomed to join you – but, in order to assist catering arrangements, please remember to register your attendance in advance when the relevant notices are posted on the clubhouse notice-board.

Wednesday afternoon quizzes and cards will start (2.00 pm.) early in October and Dave Lander will, once again be organising indoor bowling sessions at Melton. Hazel Renshaw will be organising the varied weekend programme of events that are bound to have something attractive to everyone.

Please watch out for details as they are published and make every effort to support these occasions to make all the effort put into organisation worthwhile.

Colin Grimes

Development Director

FOOD AND DRINK



Syston Bowling Club are proud to host a Macmillan Coffee Morning on

Saturday 1st October from 10am until 12noon at the Clubhouse.

Anyone wanting to donate a cake or just come along to help will be much appreciated.

A list for volunteers is displayed at the Clubhouse.

All donations will go directly to Macmillan Cancer Support.

LOOK FORWARD TO SEEING YOU

Jenny Dewick

Lemon cake

4oz Marg

4oz Sugar

6oz S.R. Flour

4 Tablespoons milk

2 eggs

Grated rind of 1 lemon

3 Tablespoons of Golden Syrup

3 Tablespoons icing sugar

3 Tablespoons lemon juice.

Grease and line a loaf tin. Set oven to Mark 4. Cream fat and sugar, add eggs sift flour, finally add grated rind and milk,. Mix well to a soft dropping consistency. Put in the tin, smooth the top and bake for 40 – 45 minutes until firm. Mix sifted icing sugar and lemon juice and pour over the cake as soon as it comes out of the oven. Leave in the tin until completely cold.

GARDENING TIPS

Flowers

Sow hardy annuals, such as Echium, Gypsophila, Larkspur, Lavatera and cornflowers, for flowers early next spring.

Lift gladioli corms, dry them off, and store in a frost free shed or garage over winter.

Plant wallflowers, pansies, forget-me-nots and other spring bedding in pots and borders.

Collect ripe seeds from your favourite flowers and store in labelled envelopes,

Plant up containers for autumn interest, using cyclamen, heathers, heucheras and other colourful bedding plants.

Fruit and veg

Sow hardy greens, such as kale, land cress, pak choi, lambs lettuce and mustard, for winter pickings.

Prune out all the fruited canes of summer raspberries, cutting down to the base, and tie in new canes to supports.

Pot up herbs such as chives and parsley, and place on a sunny windowsill to use during winter.

Start sowing hardy varieties of broad beans and peas for early crops next year.

Plant onion and shallot sets in a sunny spot, 10cm apart with the tip just showing above the soil.

Greenhouse.

Plant prepared hyacinth bulbs in pots or hyacinth grasses for fragrant indoor flowers at Christmas.

Take down greenhouse shade netting or wash off shading paint by the end of the month, as light levels start to fall.

Plant dwarf spring bulbs in pots, including irises, crocuses, and even daffs for early flowers.

Pot up tender perennials, such as fuchsias and osteospermum , from summer displays and bring indoors before temperatures drop.



FUNNIES

I got myself a seniors' GPS. Not only does it tell me how to get to my destination, it tells me why I wanted to go there.



Me: "I am surprised at how winded I am by this exercise"

Personal Trainer: "This was the tour of the gym"

I don't understand why people have to "get ready" for bed. I'm always ready for bed.



People who ask me what I'm doing tomorrow probably assume that I even know what day of the week it is.



SEPTEMBER'S BRITHDAYS

Brian Arnold
Shashi Champaneri
Terry Denton
Gary Kilbourne
Janet Lowe
Stan Page



59 CLUB WINNERS

Terry Dennison
Josie Hubbard
Rod Heggs
Roger Stone

The new year starts in October and any member not wishing to carry on with their numbers please let Val Foreman know so that they can be offered to other members.

DATES FOR YOUR DIARY

Thanks to everyone who attended Sunday lunch. I hope you all enjoyed it.

The following dates are for the monthly lunches during the winter.

Friday 14th October

Friday 18th November

Christmas lunch Friday 16th December

Friday 20th January

Friday 24th February

Friday 17th March

The menu and list for the October Lunch will go up on the notice board around coffee morning in September.

Look forward to seeing you all over the winter.

Maureen Page.

Running your appliances

Apart from the standing charge and any hire-purchase payments, your electricity bill is based on the number of units of electricity you have consumed during a given period.

Each unit represents the amount used in one hour by a 1kW appliance. An appliance rated at 3 kW will use the same amount of energy in 20 minutes.

Typical running costs

Appliance	Typical usage	No of units
Cooker	Cooks 1 day meal For four people	2 1/2
Microwave	Cooks 2 joints of meat	1
Slow cooker	Cooks for 8 hours	1
Storage heater (2kw)	Provides 1 days heating	11
Bar fire or fan heater (2kw)	Provides heat for 1 hour	2
Immersion heater	Supplies a day's hot water For a family of 4	9
Instant water heater	Heats 2-3 bowls of Washing up water	1
Instant shower	Gives 1-2 showers	1
Automatic washing machine	Washes 1 full load with prewash	2 1/2
Tumble dryer	Dries 1 full load	2 1/2
4 cu ft refrigerator	Keeps food fresh for 1 week	7
6 cu ft freezer	Maintains required temperature For one week	9
Heated towel rail	Warms continuously for 4 hours	1
Electric kettle	boils 40 cups of tea	1
Coffee percolator	Makes 75 cups of coffee	1
Toaster	Toasts 70 slices of bread	1
Iron	In use for 2 hours	!

Appliance	Typical usage	No of units
Vacuum cleaner	Works for 1 ½ - 2 hours	1
Cooker hood	Runs for 24 hours continuously	2
Extractor fan	Runs for 24 hours continuously	1
Hair dryer	Runs for 2 hours	1
Shaver	Gives 1800 shaves	1
Single over blanket	Warms the bed for 1 week	2
Single under blanket	Warms the bed for 1 week	1
Power drill	Works for 4 hours	1
Hedge trimmer	Trims for 2 ½ hours	1
Cylinder lawn mower	Cuts for 3 hours	1
Hover mower	Cuts for 1 hour	1
Stereo system	Plays for 8 hours	1
Colour TV	Provides 6 hours viewing	1
VCR	Records for 10 hours	1
100W bulb	Gives 10 hours illumination	1
40W fluorescent strip light	Provides 20 hours illumination	1

Tips on how to reduce appliance energy usage

Chose appliances with a high efficiency rating whenever possible -A- rated devices are the most energy efficient.

Turn appliances off at the plug when you aren't using them.

Switch off lights when you leave the room.

Swap halogen light bulbs for LED versions which last longer and cost less in the long run.

Remember every little helps.

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Syston
Town Council

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CURZON GRAPHICS

55 Goodes Lane, Syston,

Leicester, LE7 2JL

Tel/Fax: 0116 269 3221

(Mon - Fri. 9.00am - 5.00pm)

email:

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